



1  
00:00:07,860 --> 00:00:04,800  
welcome to Telos on the rabbit hole my

2  
00:00:09,450 --> 00:00:07,870  
guest today is Steven Hassan a mental

3  
00:00:11,370 --> 00:00:09,460  
health professional and a leading expert

4  
00:00:13,320 --> 00:00:11,380  
on cults and mind-control who has been

5  
00:00:16,920 --> 00:00:13,330  
helping people out of the rabbit hole

6  
00:00:20,220 --> 00:00:16,930  
since 1976 when he left the unification

7  
00:00:22,650 --> 00:00:20,230  
Church of sun-young moon popularly known

8  
00:00:24,480 --> 00:00:22,660  
as the Moonies he now teaches at Harvard

9  
00:00:26,609 --> 00:00:24,490  
Medical School and is the author of four

10  
00:00:29,189 --> 00:00:26,619  
books on cults and related topics and

11  
00:00:31,380 --> 00:00:29,199  
has helped countless people escape the

12  
00:00:32,369 --> 00:00:31,390  
influence of cults so our Steve thank

13  
00:00:35,189 --> 00:00:32,379

you very much for being here

14

00:00:40,020 --> 00:00:35,199

yeah Thank You Mick and I really enjoyed

15

00:00:42,959 --> 00:00:40,030

reading your book plug as someone who's

16

00:00:46,110 --> 00:00:42,969

been dealing with cult groups that are

17

00:00:48,919 --> 00:00:46,120

formed around conspiracy theories like

18

00:00:51,840 --> 00:00:48,929

the Moonies the one I was in or

19

00:00:54,840 --> 00:00:51,850

Scientology just to name two was really

20

00:00:57,779 --> 00:00:54,850

refreshing to hear someone from a

21

00:01:00,989 --> 00:00:57,789

completely different angle come up with

22

00:01:04,470 --> 00:01:00,999

similar realizations about what works

23

00:01:07,920 --> 00:01:04,480

and what doesn't work and I really liked

24

00:01:11,190 --> 00:01:07,930

your your idea of a scale of different

25

00:01:13,410 --> 00:01:11,200

extreme conspiracy theories and getting

26

00:01:15,510 --> 00:01:13,420

people to kind of identify which ones

27

00:01:19,260 --> 00:01:15,520

they don't like you know or they don't

28

00:01:22,890 --> 00:01:19,270

believe in and such and to to use that

29

00:01:24,420 --> 00:01:22,900

as a kind of stepping stone and it was a

30

00:01:27,270 --> 00:01:24,430

number of other things that I really

31

00:01:29,460 --> 00:01:27,280

appreciated about what you're advocating

32

00:01:31,820 --> 00:01:29,470

oh thank you very much and I think I

33

00:01:37,070 --> 00:01:31,830

think part of that is kind of because

34

00:01:40,950 --> 00:01:37,080

your book was an inspiration for my book

35

00:01:45,000 --> 00:01:40,960

your first book coming home but in coal

36

00:01:48,360 --> 00:01:45,010

mine control was a book that quick plug

37

00:01:49,590 --> 00:01:48,370

and it and of course I have your your

38

00:01:51,960 --> 00:01:49,600

latest book here which we'll talk about

39

00:01:54,780 --> 00:01:51,970

later but combating caught my control

40

00:01:56,460 --> 00:01:54,790

when I started out writing my first book

41

00:01:58,380 --> 00:01:56,470

in the book escaping the rabbit hole

42

00:02:00,270 --> 00:01:58,390

when you do a book proposal obviously

43

00:02:02,190 --> 00:02:00,280

you have to do comparable books and say

44

00:02:03,870 --> 00:02:02,200

what's the market like is there room in

45

00:02:05,100 --> 00:02:03,880

the market for this type of book and I

46

00:02:06,600 --> 00:02:05,110

thought you know what books are there

47

00:02:08,759 --> 00:02:06,610

out there that are like that and I

48

00:02:10,919 --> 00:02:08,769

thought you know the there aren't really

49

00:02:13,309 --> 00:02:10,929

books that address conspiracy theories

50

00:02:16,000 --> 00:02:13,319

per se but there certainly are books the

51  
00:02:19,819 --> 00:02:16,010  
address cults so I looked up to see

52  
00:02:21,860 --> 00:02:19,829  
what's one of the best books on cults

53  
00:02:23,449 --> 00:02:21,870  
and addressing that issue and of course

54  
00:02:25,489 --> 00:02:23,459  
your book was the one that kind of

55  
00:02:27,500 --> 00:02:25,499  
bubbled to the top almost immediately as

56  
00:02:30,649 --> 00:02:27,510  
being you know they're both a classic

57  
00:02:34,330 --> 00:02:30,659  
and you know an extremely a valuable

58  
00:02:36,349 --> 00:02:34,340  
book in that regard and he seemed very

59  
00:02:38,330 --> 00:02:36,359  
similar to what I was thinking of

60  
00:02:41,659 --> 00:02:38,340  
writing and at the time I hadn't read it

61  
00:02:43,489 --> 00:02:41,669  
and I actually wrote my book before I

62  
00:02:45,440 --> 00:02:43,499  
ended up reading your book and I dipped

63  
00:02:47,809 --> 00:02:45,450

into it here and there but I I didn't

64

00:02:49,789 --> 00:02:47,819

actually read it so but you know can't

65

00:02:53,030 --> 00:02:49,799

want to start off with just a kind of a

66

00:02:54,920 --> 00:02:53,040

as a way of getting into it

67

00:02:57,349 --> 00:02:54,930

kind of like the definition of what a

68

00:02:59,209 --> 00:02:57,359

cult is and yeah I looked up in

69

00:03:01,250 --> 00:02:59,219

Wikipedia and it says it has this very

70

00:03:03,050 --> 00:03:01,260

banal definition which is a social group

71

00:03:05,209 --> 00:03:03,060

with unusual religious spiritual or

72

00:03:08,259 --> 00:03:05,219

philosophical beliefs or interests and

73

00:03:11,809 --> 00:03:08,269

goals but then we in popular culture

74

00:03:13,550 --> 00:03:11,819

when you talk about cults you you're

75

00:03:17,089 --> 00:03:13,560

talking about much more extreme things

76

00:03:19,009 --> 00:03:17,099

like mind control and like these where

77

00:03:22,429 --> 00:03:19,019

everybody is living together in terrible

78

00:03:25,099 --> 00:03:22,439

conditions and things like that so and I

79

00:03:27,020 --> 00:03:25,109

noticed you use the term destructive

80

00:03:34,999 --> 00:03:27,030

cults sometimes rather than just cold

81

00:03:36,830 --> 00:03:35,009

sack yeah yeah I use the term false

82

00:03:38,659 --> 00:03:36,840

conspiracy theories to distinguish it

83

00:03:39,920 --> 00:03:38,669

from the more banal conspiracy theories

84

00:03:41,869 --> 00:03:39,930

so do you have problems with language

85

00:03:43,670 --> 00:03:41,879

like that and how do you define a cult

86

00:03:47,300 --> 00:03:43,680

and how do you use the terminology of

87

00:03:50,869 --> 00:03:47,310

what a cult is in your work yeah it's a

88

00:03:52,819 --> 00:03:50,879

it's a good question and over forty four

89

00:03:55,099 --> 00:03:52,829

years and I just really want to

90

00:03:56,929 --> 00:03:55,109

emphasize because in your book you tell

91

00:03:59,629 --> 00:03:56,939

stories of people who've escaped the

92

00:04:01,939 --> 00:03:59,639

rabbit hole and now they've gone on to

93

00:04:04,939 --> 00:04:01,949

help other people to understand it

94

00:04:07,509 --> 00:04:04,949

that's my story right a nutshell because

95

00:04:11,149 --> 00:04:07,519

I was a student at Queens College and

96

00:04:13,999 --> 00:04:11,159

and had no desire to join a group of any

97

00:04:16,249 --> 00:04:14,009

kind so I was really interested in

98

00:04:18,170 --> 00:04:16,259

learning and growing making the world a

99

00:04:22,459 --> 00:04:18,180

better place but mostly I was interested

100

00:04:24,350 --> 00:04:22,469

in girls and women who were recruiting

101  
00:04:27,019 --> 00:04:24,360  
me were flirting with me and that was

102  
00:04:27,600 --> 00:04:27,029  
the initial hook but to answer your

103  
00:04:32,700 --> 00:04:27,610  
question

104  
00:04:35,939 --> 00:04:32,710  
Nik my view at this point is to think

105  
00:04:39,360 --> 00:04:35,949  
about a continuum of influence from

106  
00:04:43,050 --> 00:04:39,370  
ethical to unethical and I think the

107  
00:04:45,390 --> 00:04:43,060  
word cult can be applied to benign or

108  
00:04:49,379 --> 00:04:45,400  
even productive groups where there are

109  
00:04:51,719 --> 00:04:49,389  
very obsessive fans yeah but people have

110  
00:04:55,619 --> 00:04:51,729  
informed consent they know what they're

111  
00:04:57,990 --> 00:04:55,629  
involved with they have all ability to

112  
00:05:00,390 --> 00:04:58,000  
question the leader the doctrine in the

113  
00:05:02,550 --> 00:05:00,400

group they can talk to whoever they want

114

00:05:04,019 --> 00:05:02,560

to talk to read whatever they want to

115

00:05:07,140 --> 00:05:04,029

read and they're free to leave without

116

00:05:08,790 --> 00:05:07,150

coercion or without phobias in their

117

00:05:11,580 --> 00:05:08,800

head that terrible things are gonna

118

00:05:14,279 --> 00:05:11,590

happen to them and so for me the word

119

00:05:19,559 --> 00:05:14,289

cult in and of itself is not a bad thing

120

00:05:21,300 --> 00:05:19,569

like a cult classic film etc I was

121

00:05:24,360 --> 00:05:21,310

actually interviewed for a book called

122

00:05:27,480 --> 00:05:24,370

The Cult of Mac that came out and I

123

00:05:29,760 --> 00:05:27,490

laughed when the the writer wanted to

124

00:05:32,820 --> 00:05:29,770

interview me and I said I got our first

125

00:05:35,820 --> 00:05:32,830

disclose that I've only used Apple since

126

00:05:39,570 --> 00:05:35,830

1982 and I currently have several

127

00:05:43,350 --> 00:05:39,580

iPhones and iPads etc so I'm in the book

128

00:05:47,040 --> 00:05:43,360

The Cult of Mac is that adherent yes

129

00:05:49,559 --> 00:05:47,050

obviously you know so so let's not get

130

00:05:52,829 --> 00:05:49,569

hung up in the word cult as an immediate

131

00:05:55,879 --> 00:05:52,839

negative but authoritarian cults or

132

00:05:57,300 --> 00:05:55,889

destructive cults where people are being

133

00:05:59,670 --> 00:05:57,310

lied to

134

00:06:02,070 --> 00:05:59,680

they're being manipulated through guilt

135

00:06:05,010 --> 00:06:02,080

sphere their information is controlled

136

00:06:07,350 --> 00:06:05,020

the whole bite model my behavior control

137

00:06:10,110 --> 00:06:07,360

information control thought control and

138

00:06:12,959 --> 00:06:10,120

emotional control all designed to make

139

00:06:15,749 --> 00:06:12,969

someone dependence and obedience alright

140

00:06:18,179 --> 00:06:15,759

so thank you can't question individually

141

00:06:21,329 --> 00:06:18,189

you're not encouraged to act on your

142

00:06:24,300 --> 00:06:21,339

conscience you're not able to challenge

143

00:06:26,100 --> 00:06:24,310

the leadership you know or the ideology

144

00:06:28,679 --> 00:06:26,110

or the policy otherwise you're gonna get

145

00:06:29,879 --> 00:06:28,689

a lot of social pressure on you that

146

00:06:32,730 --> 00:06:29,889

you're a bad person

147

00:06:35,579 --> 00:06:32,740

which I'm witnessing with people who had

148

00:06:38,339 --> 00:06:35,589

been Magda heavy Magga supporters who

149

00:06:41,410 --> 00:06:38,349

have left who are just being bombarded

150

00:06:43,450 --> 00:06:41,420

by true believers just like

151

00:06:46,630 --> 00:06:43,460

people who leave Scientology get

152

00:06:49,600 --> 00:06:46,640

bombarded and they're dishonest and you

153

00:06:51,880 --> 00:06:49,610

you refer to it the term shell like

154

00:06:55,120 --> 00:06:51,890

you're a shell you're a bet you know the

155

00:06:57,630 --> 00:06:55,130

personal attack on a person who raises

156

00:07:00,730 --> 00:06:57,640

questions and such well you must have a

157

00:07:04,450 --> 00:07:00,740

different a bad motive oh you must be a

158

00:07:06,580 --> 00:07:04,460

bad person and such and like yourself

159

00:07:10,000 --> 00:07:06,590

I've just been as transparent as

160

00:07:13,840 --> 00:07:10,010

possible telling my story you know

161

00:07:17,050 --> 00:07:13,850

revealing my my my own abilities and

162

00:07:19,990 --> 00:07:17,060

flaws and that I'm open to learning as

163

00:07:21,400 --> 00:07:20,000

you say in your book hey if I'm mistaken

164

00:07:25,120 --> 00:07:21,410

teach me

165

00:07:27,100 --> 00:07:25,130

you know if Scientology if if if the

166

00:07:30,190 --> 00:07:27,110

world's problems are really because of a

167

00:07:33,370 --> 00:07:30,200

galactic dictator named Xenu seventy

168

00:07:37,030 --> 00:07:33,380

five billion years ago you know please

169

00:07:38,800 --> 00:07:37,040

show me yeah yeah it's this interesting

170

00:07:42,540 --> 00:07:38,810

that the people have this this this new

171

00:07:45,940 --> 00:07:42,550

perception of you or be as chills and

172

00:07:48,840 --> 00:07:45,950

but I also before the people reach that

173

00:07:52,180 --> 00:07:48,850

idea about me you often get this kind of

174

00:07:53,980 --> 00:07:52,190

like a reversal of perceptions I have

175

00:07:55,450 --> 00:07:53,990

the people who are on I say the other

176

00:07:57,610 --> 00:07:55,460

side of the fence that people who are

177

00:08:00,970 --> 00:07:57,620

conspiracy theorists or maybe the people

178

00:08:03,490 --> 00:08:00,980

who are in cults they view me as being a

179

00:08:08,400 --> 00:08:03,500

victim of propaganda so they think that

180

00:08:13,240 --> 00:08:08,410

only I am I'm under brain control

181

00:08:15,250 --> 00:08:13,250

Satan's agents right yes and it but

182

00:08:18,570 --> 00:08:15,260

that's the whole black and white all or

183

00:08:22,720 --> 00:08:18,580

nothing good versus evil indoctrination

184

00:08:25,180 --> 00:08:22,730

and again anyone who's a critic or an

185

00:08:26,920 --> 00:08:25,190

ex-member in the mind of a cult member

186

00:08:28,840 --> 00:08:26,930

is horrible

187

00:08:31,600 --> 00:08:28,850

yeah but at the moment they start

188

00:08:35,020 --> 00:08:31,610

realizing holy mackerel I like this guy

189

00:08:37,750 --> 00:08:35,030

he seems genuine what he says makes

190

00:08:40,630 --> 00:08:37,760

sense then they kind of have to sneak

191

00:08:44,140 --> 00:08:40,640

you know to look at my website freedom

192

00:08:47,470 --> 00:08:44,150

of mind calm or sneak to a bookstore and

193

00:08:49,030 --> 00:08:47,480

and get combating and read it and yeah

194

00:08:52,090 --> 00:08:49,040

combating has really helped a lot of

195

00:08:54,820 --> 00:08:52,100

people exit destructive cults because

196

00:08:57,670 --> 00:08:54,830

I'm just telling stories my

197

00:09:00,520 --> 00:08:57,680

story my deprogramming learning about

198

00:09:02,980 --> 00:09:00,530

chinese communist brainwashing you know

199

00:09:04,930 --> 00:09:02,990

and my journey and the people that I've

200

00:09:06,970 --> 00:09:04,940

helped so by the time people are done

201  
00:09:09,730 --> 00:09:06,980  
with it they're like he was writing the

202  
00:09:11,710 --> 00:09:09,740  
book about my group when in fact I

203  
00:09:13,270 --> 00:09:11,720  
didn't even know what group they were in

204  
00:09:16,000 --> 00:09:13,280  
and never heard of it

205  
00:09:19,390 --> 00:09:16,010  
right if they can't read it and go wow

206  
00:09:22,930 --> 00:09:19,400  
this is so stereotypically appropriate

207  
00:09:25,000 --> 00:09:22,940  
and so people can relate so did you have

208  
00:09:26,050 --> 00:09:25,010  
that perception yourself when when you

209  
00:09:27,700 --> 00:09:26,060  
were in a cult

210  
00:09:29,860 --> 00:09:27,710  
you thought that people outside the

211  
00:09:31,660 --> 00:09:29,870  
cults were were in you know under some

212  
00:09:34,270 --> 00:09:31,670  
kind of thrall of the media or something

213  
00:09:38,200 --> 00:09:34,280

like that or or say to me Communists and

214

00:09:40,210 --> 00:09:38,210

Satan yeah that my indoctrination I

215

00:09:44,290 --> 00:09:40,220

didn't believe in Satan before the cult

216

00:09:47,440 --> 00:09:44,300

was raised go Jewish I didn't even have

217

00:09:50,380 --> 00:09:47,450

a concept of evil spirits but in the

218

00:09:53,170 --> 00:09:50,390

cult I was brought to see the Exorcist

219

00:09:55,870 --> 00:09:53,180

movie that and then moon gave a lecture

220

00:09:57,940 --> 00:09:55,880

to the members and said God made this

221

00:09:59,530 --> 00:09:57,950

movie and it's a prophecy of what will

222

00:10:02,410 --> 00:09:59,540

happen to you if you leave the

223

00:10:05,650 --> 00:10:02,420

unification Church and it was that

224

00:10:08,950 --> 00:10:05,660

evening that a really bad phobia was

225

00:10:11,500 --> 00:10:08,960

installed in my head where I wouldn't

226

00:10:14,320 --> 00:10:11,510

allow any doubts into my consciousness

227

00:10:16,270 --> 00:10:14,330

so people might you know meet me on the

228

00:10:18,160 --> 00:10:16,280

street while I'm recruiting them and

229

00:10:20,740 --> 00:10:18,170

bring up something and I was just

230

00:10:23,530 --> 00:10:20,750

trained to do thoughts stopping and look

231

00:10:26,530 --> 00:10:23,540

at them as you know agents of the devil

232

00:10:29,980 --> 00:10:26,540

trying to you know seduce me away from

233

00:10:31,470 --> 00:10:29,990

my mission to save the earth so when you

234

00:10:35,110 --> 00:10:31,480

came out of that when you you know you

235

00:10:37,540 --> 00:10:35,120

essentially deprogrammed and you came

236

00:10:40,540 --> 00:10:37,550

out of the cult was there a period where

237

00:10:42,520 --> 00:10:40,550

you kind of had almost like the two

238

00:10:44,290 --> 00:10:42,530

perspectives simultaneously or did you

239

00:10:46,270 --> 00:10:44,300

it's gonna instantly flip from one to

240

00:10:50,380 --> 00:10:46,280

the other or as a period of confusion in

241

00:10:53,500 --> 00:10:50,390

between good question so I'm a mental

242

00:10:56,890 --> 00:10:53,510

health professional I got my masters in

243

00:10:59,860 --> 00:10:56,900

counseling psychology in 1985 and I've

244

00:11:02,410 --> 00:10:59,870

been teaching the fourth year psychiatry

245

00:11:05,760 --> 00:11:02,420

residents at Harvard Medical School and

246

00:11:07,769 --> 00:11:05,770

elsewhere and I want to say that the

247

00:11:09,689 --> 00:11:07,779

closest disc

248

00:11:12,689 --> 00:11:09,699

option as a mental health professional

249

00:11:16,110 --> 00:11:12,699

of brainwashing or mind-control is a

250

00:11:19,319 --> 00:11:16,120

dissociative disorder hmm

251  
00:11:22,199 --> 00:11:19,329  
in fact the dsm-5 the diagnostic

252  
00:11:25,559 --> 00:11:22,209  
Statistical Manual of the APA as a

253  
00:11:27,869 --> 00:11:25,569  
designation 300 point one five and it

254  
00:11:30,840 --> 00:11:27,879  
explicitly says brainwashing coercive

255  
00:11:33,179 --> 00:11:30,850  
persuasion thought reform so what I'm

256  
00:11:35,850 --> 00:11:33,189  
trying to say to you is that the the

257  
00:11:39,420 --> 00:11:35,860  
whole notion is that there was the real

258  
00:11:41,730 --> 00:11:39,430  
Steve Hassim from Flushing Queens New

259  
00:11:43,559 --> 00:11:41,740  
York by the way I grew up a mile from

260  
00:11:45,869 --> 00:11:43,569  
Donald Trump

261  
00:11:48,420 --> 00:11:45,879  
the real steve hasson and the cult steve

262  
00:11:52,110 --> 00:11:48,430  
hasson whose true parents were moon and

263  
00:11:54,929 --> 00:11:52,120

his wife and and that cult identity

264

00:11:57,540 --> 00:11:54,939

suppressed my real identity but at the

265

00:12:00,179 --> 00:11:57,550

point that uh that I had my insight in

266

00:12:02,670 --> 00:12:00,189

my deprogramming which followed a

267

00:12:05,100 --> 00:12:02,680

near-fatal van crash in two weeks in the

268

00:12:08,999 --> 00:12:05,110

hospital away from the group what

269

00:12:11,819 --> 00:12:09,009

happened was a thought bubbled up that

270

00:12:15,420 --> 00:12:11,829

moon was not trustworthy he was a liar

271

00:12:20,759 --> 00:12:15,430

and as soon as that happened I had an

272

00:12:22,799 --> 00:12:20,769

experience like a flip hmm of and and I

273

00:12:26,009 --> 00:12:22,809

described it in my book like being in a

274

00:12:28,650 --> 00:12:26,019

dark room someone opens the the blinds

275

00:12:31,170 --> 00:12:28,660

and the son comes in and I also

276

00:12:33,090 --> 00:12:31,180

described it as like being on the top of

277

00:12:35,280 --> 00:12:33,100

a skyscraper where you're at the top of

278

00:12:37,350 --> 00:12:35,290

the world and you're falling off of it

279

00:12:41,519 --> 00:12:37,360

and you have no idea where you're

280

00:12:44,639 --> 00:12:41,529

falling to but I definitely had this

281

00:12:46,889 --> 00:12:44,649

back and forth back and forth what if

282

00:12:49,019 --> 00:12:46,899

it's true what if it isn't true what if

283

00:12:52,019 --> 00:12:49,029

it's Satan what if the the programmers

284

00:12:55,559 --> 00:12:52,029

have brainwashed me and it was really my

285

00:13:01,499 --> 00:12:55,569

intellect and my conscience and my core

286

00:13:05,819 --> 00:13:01,509

values and a commitment to wanting to

287

00:13:08,069 --> 00:13:05,829

know what was real and as I was a leader

288

00:13:11,460 --> 00:13:08,079

in the group and I have a graphic that's

289

00:13:14,400 --> 00:13:11,470

in my website because I was up here I

290

00:13:16,980 --> 00:13:14,410

had a lot of experiences with moon and

291

00:13:18,040 --> 00:13:16,990

other people that most members never

292

00:13:20,920 --> 00:13:18,050

have

293

00:13:24,379 --> 00:13:20,930

and it was really going into my

294

00:13:27,530 --> 00:13:24,389

experiences memory chamber as I was

295

00:13:30,319 --> 00:13:27,540

reading about brainwashing and and other

296

00:13:33,590 --> 00:13:30,329

cults that it would surface oh that

297

00:13:35,750 --> 00:13:33,600

happened to and it began a journey of

298

00:13:38,600 --> 00:13:35,760

trying to piece it together which took

299

00:13:40,759 --> 00:13:38,610

you know honestly years yeah you know

300

00:13:42,199 --> 00:13:40,769

here kind of similar things with people

301  
00:13:44,900 --> 00:13:42,209  
coming out of conspiracy theories and

302  
00:13:46,490 --> 00:13:44,910  
there's a lot of parallels here with

303  
00:13:49,550 --> 00:13:46,500  
conspiracy theories and some people

304  
00:13:53,079 --> 00:13:49,560  
describe conspiracy theories of various

305  
00:13:56,480 --> 00:13:53,089  
various types as being being cult-like

306  
00:14:01,280 --> 00:13:56,490  
but I actually think of it as an

307  
00:14:05,689 --> 00:14:01,290  
ideological cult not necessarily what is

308  
00:14:10,490 --> 00:14:05,699  
venerating as a guru or a messiah and I

309  
00:14:13,220 --> 00:14:10,500  
have a very um because I was in the moon

310  
00:14:17,269 --> 00:14:13,230  
cult which turned out that in my

311  
00:14:18,790 --> 00:14:17,279  
research I found out I was an expert for

312  
00:14:21,410 --> 00:14:18,800  
a Congressional subcommittee

313  
00:14:25,550 --> 00:14:21,420

investigation into Korean CIA activities

314

00:14:28,670 --> 00:14:25,560

in the US and I wound up reading 11

315

00:14:33,170 --> 00:14:28,680

volumes of it after Jonestown happens

316

00:14:35,840 --> 00:14:33,180

and I realized that actually the CIA set

317

00:14:38,509 --> 00:14:35,850

up the Korean CIA and the founder of the

318

00:14:40,970 --> 00:14:38,519

Korean CIA said that he quote organized

319

00:14:45,139 --> 00:14:40,980

and utilized the unification Church for

320

00:14:48,379 --> 00:14:45,149

use as a political tool that I started

321

00:14:51,460 --> 00:14:48,389

to realize ah ha the Communists know

322

00:14:57,590 --> 00:14:51,470

about brainwashing but so does the CIA

323

00:15:01,759 --> 00:14:57,600

uh-huh and and so in my journey I I'm

324

00:15:04,970 --> 00:15:01,769

really waded in the Universal

325

00:15:07,879 --> 00:15:04,980

Declaration of Human Rights as opposed

326

00:15:12,980 --> 00:15:07,889

to any government or any alignment to an

327

00:15:14,720 --> 00:15:12,990

ideology and and I was you know the

328

00:15:17,569 --> 00:15:14,730

Moonies were brought to the u.s. they

329

00:15:20,120 --> 00:15:17,579

were they created they bought the

330

00:15:23,059 --> 00:15:20,130

Washington Times newspaper which they

331

00:15:26,650 --> 00:15:23,069

operated at a loss of over two billion

332

00:15:30,380 --> 00:15:26,660

dollars for over 25 years

333

00:15:31,400 --> 00:15:30,390

you know who's giving that money and for

334

00:15:34,639 --> 00:15:31,410

what purpose

335

00:15:36,319 --> 00:15:34,649

so there's a whole political angle to

336

00:15:40,790 --> 00:15:36,329

this and in your book you talk about

337

00:15:44,360 --> 00:15:40,800

Russia and Russia's goals to do

338

00:15:48,769 --> 00:15:44,370

psyops psychological operations and I

339

00:15:53,329 --> 00:15:48,779

think that not only Russia China Isis

340

00:15:58,129 --> 00:15:53,339

maybe Iran maybe other state actors are

341

00:16:02,420 --> 00:15:58,139

using groups online and in person to

342

00:16:06,470 --> 00:16:02,430

advance their agendas and so there's a

343

00:16:10,160 --> 00:16:06,480

whole there's a deeper picture here as I

344

00:16:14,600 --> 00:16:10,170

see it and and all I can do I'm 65 years

345

00:16:18,410 --> 00:16:14,610

old is say hey everybody the mind can be

346

00:16:20,960 --> 00:16:18,420

tricked we can be made to believe bad

347

00:16:23,389 --> 00:16:20,970

things and we can be turned against our

348

00:16:26,179 --> 00:16:23,399

own conscience our own values our own

349

00:16:30,530 --> 00:16:26,189

families and friends against our own

350

00:16:32,960 --> 00:16:30,540

country a constitution and let's be

351

00:16:36,050 --> 00:16:32,970

humble at which I love in your book as

352

00:16:38,540 --> 00:16:36,060

well like hey if I'm wrong let's look at

353

00:16:41,120 --> 00:16:38,550

the information lets us it out because

354

00:16:43,490 --> 00:16:41,130

if something's legitimate it will stand

355

00:16:46,429 --> 00:16:43,500

up to scrutiny and if it's not why would

356

00:16:50,150 --> 00:16:46,439

we in you know put our good name to it

357

00:16:52,100 --> 00:16:50,160

and that's time energy money yeah yeah

358

00:16:54,980 --> 00:16:52,110

it's an interesting yeah

359

00:16:57,019 --> 00:16:54,990

like when you describe that you kind of

360

00:16:59,329 --> 00:16:57,029

describing like a big overarching

361

00:17:02,650 --> 00:16:59,339

conspiracy theory in a way that's you

362

00:17:05,449 --> 00:17:02,660

know there are shadowy areas there are

363

00:17:10,579 --> 00:17:05,459

conspiracies but you need to have facts

364

00:17:13,429 --> 00:17:10,589

and X insiders who can pull back the

365

00:17:16,130 --> 00:17:13,439

curtain and explain and give documents

366

00:17:18,500 --> 00:17:16,140

like when I left the Moonies I brought

367

00:17:20,779 --> 00:17:18,510

out all these internal documents of

368

00:17:24,140 --> 00:17:20,789

speeches of moon where he said democracy

369

00:17:25,939 --> 00:17:24,150

was satanic you know we're gonna we're

370

00:17:28,309 --> 00:17:25,949

gonna put people in congressmen and

371

00:17:31,779 --> 00:17:28,319

Senators offices to infiltrate the

372

00:17:34,430 --> 00:17:31,789

government you know just really hardcore

373

00:17:38,060 --> 00:17:34,440

obvious things about wanting to take

374

00:17:40,370 --> 00:17:38,070

over the world and that's what I was

375

00:17:43,520 --> 00:17:40,380

groomed that God wanted me to be a world

376

00:17:44,630 --> 00:17:43,530

leader in this idyllic you know Kingdom

377

00:17:48,680 --> 00:17:44,640

of Heaven that we were

378

00:17:51,020 --> 00:17:48,690

build on earth and when I was

379

00:17:52,820 --> 00:17:51,030

deprogrammed I was like wait a minute I

380

00:17:56,030 --> 00:17:52,830

knew about the Holocaust

381

00:17:58,910 --> 00:17:56,040

I read 1984 how did I become a

382

00:18:01,010 --> 00:17:58,920

right-wing fascist who was ready to kill

383

00:18:03,770 --> 00:18:01,020

people if they didn't believe what the

384

00:18:06,170 --> 00:18:03,780

group said yeah hell yeah it's like

385

00:18:07,940 --> 00:18:06,180

people in conspiracy theories they think

386

00:18:09,320 --> 00:18:07,950

I would never fall for a conspiracy

387

00:18:11,090 --> 00:18:09,330

theory you know people say I would never

388

00:18:13,280 --> 00:18:11,100

fall for a cult no one actually thinks

389

00:18:15,140 --> 00:18:13,290

that they're doing it and they don't see

390

00:18:16,310 --> 00:18:15,150

it happening while it's happening either

391

00:18:19,070 --> 00:18:16,320

because it's kind of this with this

392

00:18:21,590 --> 00:18:19,080

gradual process is kind of another of

393

00:18:24,770 --> 00:18:21,600

the parallels yeah for some people it's

394

00:18:27,920 --> 00:18:24,780

very incremental and gradual but I'm

395

00:18:31,340 --> 00:18:27,930

seeing more and more online make use of

396

00:18:36,080 --> 00:18:31,350

no notice techniques specifically through

397

00:18:39,350 --> 00:18:36,090

YouTube videos etc to sidestep people's

398

00:18:42,170 --> 00:18:39,360

analytic minds and to put ideas directly

399

00:18:44,690 --> 00:18:42,180

into people's unconscious that they're

400

00:18:47,960 --> 00:18:44,700

not even necessarily aware are going

401  
00:18:52,460 --> 00:18:47,970  
into their heads and and that's another

402  
00:18:54,980 --> 00:18:52,470  
part of the whole mind control arsenal

403  
00:18:57,590 --> 00:18:54,990  
and I should say hypnosis can be used

404  
00:19:00,530 --> 00:18:57,600  
therapeutically ethically they help

405  
00:19:03,970 --> 00:19:00,540  
people make life changes that are

406  
00:19:06,440 --> 00:19:03,980  
fabulous but I would only trust them a

407  
00:19:09,140 --> 00:19:06,450  
licensed mental health professional

408  
00:19:13,040 --> 00:19:09,150  
who's had a lot of clinical training

409  
00:19:14,950 --> 00:19:13,050  
with a with a board that holds them try

410  
00:19:18,230 --> 00:19:14,960  
stalled and accountable for the ethics

411  
00:19:20,870 --> 00:19:18,240  
versus all these people online I will

412  
00:19:23,680 --> 00:19:20,880  
teach you how to do hypnosis you know I

413  
00:19:27,200 --> 00:19:23,690

have a certification from some nonsense

414

00:19:29,810 --> 00:19:27,210

organization that has no bearing no

415

00:19:31,850 --> 00:19:29,820

weight whatsoever and it's a very

416

00:19:33,350 --> 00:19:31,860

troubling yeah it's interesting the idea

417

00:19:35,930 --> 00:19:33,360

of hypnosis so one of the things you

418

00:19:37,970 --> 00:19:35,940

talk about in you in your books is a

419

00:19:41,330 --> 00:19:37,980

technique that is used within cults

420

00:19:45,260 --> 00:19:41,340

called thought stopping where they will

421

00:19:47,540 --> 00:19:45,270

do something like like chanting or maybe

422

00:19:50,840 --> 00:19:47,550

reciting various things as a way of

423

00:19:52,850 --> 00:19:50,850

blocking out thoughts from outside and

424

00:19:55,520 --> 00:19:52,860

I've seen that stopping is actually

425

00:19:57,820 --> 00:19:55,530

Mecca a behavior modification technique

426

00:20:02,009 --> 00:19:57,830

it's not a hypnotic Jen right

427

00:20:04,899 --> 00:20:02,019

but close your eyes and imagine yourself

428

00:20:07,419 --> 00:20:04,909

you know in the blah blah blah blah blah

429

00:20:10,419 --> 00:20:07,429

blah blah and I won't do the voice and

430

00:20:13,810 --> 00:20:10,429

do the specific linguistic instructions

431

00:20:16,779 --> 00:20:13,820

but a lot of what's being promoted as

432

00:20:22,389 --> 00:20:16,789

meditation is not meditation it's it

433

00:20:25,479 --> 00:20:22,399

notic induction and you know the whole

434

00:20:28,659 --> 00:20:25,489

basis of my my company freedom of mind

435

00:20:32,049 --> 00:20:28,669

is its your mind you should control it

436

00:20:34,269 --> 00:20:32,059

not somebody else and in order to

437

00:20:37,930 --> 00:20:34,279

control your mind you need you need to

438

00:20:40,659 --> 00:20:37,940

know intellectually and and consciously

439

00:20:42,279 --> 00:20:40,669

well who are these people what are their

440

00:20:44,919 --> 00:20:42,289

credentials what do they actually

441

00:20:47,669 --> 00:20:44,929

believe and what's going to happen to me

442

00:20:50,019 --> 00:20:47,679

if I get involved with this and what's

443

00:20:52,450 --> 00:20:50,029

notoriously stereotypical with

444

00:20:56,590 --> 00:20:52,460

destructive mind controllers is they're

445

00:20:59,680 --> 00:20:56,600

liars they lie by withholding vital

446

00:21:02,259 --> 00:20:59,690

information they lie by the distorting

447

00:21:05,320 --> 00:21:02,269

information or they'll be blatantly

448

00:21:08,409 --> 00:21:05,330

lying oh I never said that when in fact

449

00:21:10,779 --> 00:21:08,419

of a tape good that's and you heard the

450

00:21:12,999 --> 00:21:10,789

person you know three hours earlier say

451  
00:21:15,460 --> 00:21:13,009  
the exact same thing and now they're

452  
00:21:19,810 --> 00:21:15,470  
denying it and and people will say oh

453  
00:21:22,960 --> 00:21:19,820  
that's gaslighting yep but but if it's

454  
00:21:26,229 --> 00:21:22,970  
done very systematically to break you

455  
00:21:29,830 --> 00:21:26,239  
down to disorient you to confuse you and

456  
00:21:32,080 --> 00:21:29,840  
then to program you into this new belief

457  
00:21:34,269 --> 00:21:32,090  
system this new identity

458  
00:21:37,389 --> 00:21:34,279  
that's what I'm talking about with the

459  
00:21:39,070 --> 00:21:37,399  
strong complaint control cults yeah you

460  
00:21:40,330 --> 00:21:39,080  
know again you have this this issue of

461  
00:21:41,950 --> 00:21:40,340  
this kind of symmetry or that this

462  
00:21:43,659 --> 00:21:41,960  
asymmetry of perception where that

463  
00:21:45,580 --> 00:21:43,669

they're looking from their side and they

464

00:21:47,859 --> 00:21:45,590

see the same thing on you and they will

465

00:21:50,049 --> 00:21:47,869

say like oh well Steve here you're very

466

00:21:53,259 --> 00:21:50,059

glib and you you you're very persuasive

467

00:21:55,239 --> 00:21:53,269

and I can feel myself being taken in by

468

00:21:56,859 --> 00:21:55,249

my arguments but how do I know that

469

00:22:01,060 --> 00:21:56,869

you're not using some kind of mind

470

00:22:05,320 --> 00:22:01,070

control on me I hear that from almost

471

00:22:08,080 --> 00:22:05,330

all my clients and I basically never do

472

00:22:10,760 --> 00:22:08,090

hypnosis on people deliberately even

473

00:22:13,040 --> 00:22:10,770

though I am highly trained

474

00:22:14,690 --> 00:22:13,050

and I basically say my work is

475

00:22:17,090 --> 00:22:14,700

empowering people to think for

476  
00:22:21,799 --> 00:22:17,100  
themselves make their own decisions and

477  
00:22:25,220 --> 00:22:21,809  
not to make you my slave or my obedient

478  
00:22:27,260 --> 00:22:25,230  
person and if and I'm not perfect

479  
00:22:29,750 --> 00:22:27,270  
and I make mistakes and if you ever hear

480  
00:22:32,390 --> 00:22:29,760  
something you don't agree with call me

481  
00:22:35,030 --> 00:22:32,400  
on it or ask me about it and if it's a

482  
00:22:39,500 --> 00:22:35,040  
mistake I'm gonna write it and I'm gonna

483  
00:22:41,810 --> 00:22:39,510  
apologize but you know so you were

484  
00:22:44,299 --> 00:22:41,820  
talking about both sides you know the

485  
00:22:46,490 --> 00:22:44,309  
conspiracy theorist or the cult member

486  
00:22:48,470 --> 00:22:46,500  
and the person who's trying to debunk it

487  
00:22:52,010 --> 00:22:48,480  
or trying to level one trying to help

488  
00:22:54,860 --> 00:22:52,020

someone and a cult but I what I didn't

489

00:22:57,280 --> 00:22:54,870

hear explicitly in your book was the

490

00:23:02,210 --> 00:22:57,290

need to get to that third perspective

491

00:23:05,570 --> 00:23:02,220

the look outside you know to be able to

492

00:23:07,790 --> 00:23:05,580

go well here's the the pros of this

493

00:23:10,910 --> 00:23:07,800

here's the pros of that here's the cons

494

00:23:13,490 --> 00:23:10,920

of this here's the cons of that and this

495

00:23:16,370 --> 00:23:13,500

notion of switching perspectives is a

496

00:23:20,210 --> 00:23:16,380

very key concept for me of helping

497

00:23:22,400 --> 00:23:20,220

people to start reality testing and a

498

00:23:25,100 --> 00:23:22,410

simple one that I wrote about in my book

499

00:23:26,630 --> 00:23:25,110

freedom of mind is just you know now

500

00:23:30,620 --> 00:23:26,640

that you've been in this group for 10

501  
00:23:33,169 --> 00:23:30,630  
years if you go back in time to when you

502  
00:23:35,870 --> 00:23:33,179  
were first introduced what did you think

503  
00:23:38,750 --> 00:23:35,880  
you were getting involved with and

504  
00:23:42,049 --> 00:23:38,760  
really encourage the person to relax s

505  
00:23:46,669 --> 00:23:42,059  
their identity before they jump down the

506  
00:23:49,580 --> 00:23:46,679  
rabbit hole and if you knew then what

507  
00:23:51,830 --> 00:23:49,590  
you know now do you think you ever would

508  
00:23:55,340 --> 00:23:51,840  
have you know pressed that next button

509  
00:23:59,000 --> 00:23:55,350  
or gone to that free dinner or whatever

510  
00:24:02,990 --> 00:23:59,010  
and those are very important reality

511  
00:24:05,450 --> 00:24:03,000  
testing techniques that I urge my

512  
00:24:07,700 --> 00:24:05,460  
clients who come to me for advice on how

513  
00:24:11,180 --> 00:24:07,710

to help a loved one I do intensive

514

00:24:13,820 --> 00:24:11,190

coaching in a customized way to help a

515

00:24:17,390 --> 00:24:13,830

specific you know person to start

516

00:24:19,669 --> 00:24:17,400

thinking and it has to be custom yeah

517

00:24:21,530 --> 00:24:19,679

and you have this this concept that runs

518

00:24:23,420 --> 00:24:21,540

through your books of the the authentic

519

00:24:25,940 --> 00:24:23,430

self that a person

520

00:24:30,020 --> 00:24:25,950

like you know or authentic being within

521

00:24:32,240 --> 00:24:30,030

them that is being suppressed by by

522

00:24:34,970 --> 00:24:32,250

these mind-control techniques or this

523

00:24:37,430 --> 00:24:34,980

disinformation or whatever and that if

524

00:24:39,710 --> 00:24:37,440

they escape they will return back to

525

00:24:41,840 --> 00:24:39,720

their authentic self now is it really

526

00:24:44,030 --> 00:24:41,850

the same as returning back to their what

527

00:24:46,820 --> 00:24:44,040

they were before or is it like a new

528

00:24:50,420 --> 00:24:46,830

authentic self now it's a good question

529

00:24:53,630 --> 00:24:50,430

and it's it's a model okay and it's a

530

00:24:56,600 --> 00:24:53,640

model based on my own self-reflection my

531

00:24:59,900 --> 00:24:56,610

own experience as well as working with

532

00:25:07,610 --> 00:24:59,910

thousands of people over 40 years it's

533

00:25:12,170 --> 00:25:07,620

more from me a sense of essence to you

534

00:25:15,500 --> 00:25:12,180

try to find a word who who's the who is

535

00:25:19,610 --> 00:25:15,510

the true Mick you know the the genetic

536

00:25:22,460 --> 00:25:19,620

Mick who you know is creative and caring

537

00:25:25,820 --> 00:25:22,470

and you know idealistic and wanting to

538

00:25:29,840 --> 00:25:25,830

help other people etc then it is a

539

00:25:32,480 --> 00:25:29,850

notion of a static you know fully formed

540

00:25:36,650 --> 00:25:32,490

self because we know when we're born you

541

00:25:39,830 --> 00:25:36,660

know our brains are not formed and we

542

00:25:42,440 --> 00:25:39,840

have genetic coding that will will

543

00:25:46,160 --> 00:25:42,450

emerge but there are developmental steps

544

00:25:48,290 --> 00:25:46,170

and stages and and even talking about my

545

00:25:51,400 --> 00:25:48,300

influence continuum that I mentioned

546

00:25:54,380 --> 00:25:51,410

before one could look at healthy

547

00:25:57,470 --> 00:25:54,390

developmental things in a family or

548

00:25:59,810 --> 00:25:57,480

unhealthy where the healthy is the

549

00:26:02,150 --> 00:25:59,820

parents realized that child is unique

550

00:26:05,060 --> 00:26:02,160

and their job is to help them to grow up

551  
00:26:07,490 --> 00:26:05,070  
to be their own unique self and to

552  
00:26:10,510 --> 00:26:07,500  
become individuated so they can function

553  
00:26:13,820 --> 00:26:10,520  
but themselves whereas the authoritarian

554  
00:26:16,430 --> 00:26:13,830  
family system is wanting to make them

555  
00:26:18,920 --> 00:26:16,440  
dependent and obedient too often using

556  
00:26:22,490 --> 00:26:18,930  
corporal punishment when the child is

557  
00:26:24,980 --> 00:26:22,500  
young and and and and wanting the child

558  
00:26:28,730 --> 00:26:24,990  
to do what the parents want them to do

559  
00:26:33,080 --> 00:26:28,740  
or else and for me that's not healthy

560  
00:26:34,640 --> 00:26:33,090  
development in an evolution yeah yeah

561  
00:26:36,570 --> 00:26:34,650  
the whole thing idea of influence and

562  
00:26:39,630 --> 00:26:36,580  
undo influences

563  
00:26:41,759 --> 00:26:39,640

obviously like a big big thing now when

564

00:26:43,799 --> 00:26:41,769

you say undue influence there's

565

00:26:45,299 --> 00:26:43,809

obviously people in in your life that

566

00:26:46,889 --> 00:26:45,309

will have a lot of influence over you

567

00:26:48,659 --> 00:26:46,899

like your teachers and your parents and

568

00:26:50,279 --> 00:26:48,669

you know later on if you meet someone

569

00:26:52,860 --> 00:26:50,289

who becomes kind of a mentor to you in

570

00:26:54,269 --> 00:26:52,870

some way or just like you know a really

571

00:26:57,570 --> 00:26:54,279

good friend do you have conversations

572

00:27:00,419 --> 00:26:57,580

with how can you tell when it's when

573

00:27:02,039 --> 00:27:00,429

it's kind of a negative influence is it

574

00:27:03,810 --> 00:27:02,049

undo if it's just a very strong

575

00:27:04,680 --> 00:27:03,820

influence like if you have a really good

576  
00:27:08,299 --> 00:27:04,690  
teacher

577  
00:27:12,120 --> 00:27:08,309  
so what I find change especially really

578  
00:27:14,669 --> 00:27:12,130  
powerful teachers and really powerful

579  
00:27:19,350 --> 00:27:14,679  
teachers if you would disagree with them

580  
00:27:22,919 --> 00:27:19,360  
they'll say tell me why and if and if

581  
00:27:24,720 --> 00:27:22,929  
they're they're not persuasive why their

582  
00:27:26,460 --> 00:27:24,730  
point of view is better they're not

583  
00:27:30,840 --> 00:27:26,470  
gonna make you feel guilty or bad or

584  
00:27:33,269 --> 00:27:30,850  
reject you as a as a mentee whereas in a

585  
00:27:37,259 --> 00:27:33,279  
mind controlling relationship it really

586  
00:27:41,269 --> 00:27:37,269  
comes down to you know in a sense and

587  
00:27:44,159 --> 00:27:41,279  
here is another piece of the the pie of

588  
00:27:46,919 --> 00:27:44,169

destructive off their authoritarian cult

589

00:27:50,159 --> 00:27:46,929

group is the leader is typically a

590

00:27:53,250 --> 00:27:50,169

narcissist or in some cases a malignant

591

00:27:56,220 --> 00:27:53,260

narcissist which includes the feeling of

592

00:27:59,639 --> 00:27:56,230

being above the law and the pathological

593

00:28:01,769 --> 00:27:59,649

lying and the manipulation and and and

594

00:28:02,250 --> 00:28:01,779

revenge factor and other things like

595

00:28:05,610 --> 00:28:02,260

that

596

00:28:09,509 --> 00:28:05,620

and if a mentor is a malignant

597

00:28:12,240 --> 00:28:09,519

narcissist I would never ask them to be

598

00:28:14,960 --> 00:28:12,250

my mentor and you know getting out of

599

00:28:18,180 --> 00:28:14,970

the Moonies I got antennae that would go

600

00:28:22,230 --> 00:28:18,190

as soon as a malignant narcissist would

601  
00:28:25,799 --> 00:28:22,240  
even enter my sphere so it's really

602  
00:28:27,090 --> 00:28:25,809  
about I've had some amazing teachers who

603  
00:28:30,180 --> 00:28:27,100  
are just brilliant

604  
00:28:32,210 --> 00:28:30,190  
to teach me psychology to teach me

605  
00:28:37,860 --> 00:28:32,220  
hypnosis to teach me about brainwashing

606  
00:28:40,710 --> 00:28:37,870  
like Robert liftin to name one Philip

607  
00:28:46,019 --> 00:28:40,720  
Zimbardo of Stanford is another mentor

608  
00:28:48,539 --> 00:28:46,029  
that I feel great gratitude for you know

609  
00:28:49,660 --> 00:28:48,549  
supporting me as a next Mooney before I

610  
00:28:52,690 --> 00:28:49,670  
became a mental

611  
00:28:54,760 --> 00:28:52,700  
professional a lot of people operate

612  
00:28:58,090 --> 00:28:54,770  
from what's known as the fundamental

613  
00:28:59,950 --> 00:28:58,100

attribution error in social psychology

614

00:29:03,220 --> 00:28:59,960

have you heard that concept or for Nick

615

00:29:05,470 --> 00:29:03,230

I have but I couldn't define it for you

616

00:29:07,360 --> 00:29:05,480

so the fun it's it's considered the

617

00:29:09,880 --> 00:29:07,370

single most important principle of

618

00:29:12,850 --> 00:29:09,890

social psychology and it basically says

619

00:29:15,010 --> 00:29:12,860

that people have a bias around the world

620

00:29:18,040 --> 00:29:15,020

they have a bias when they're trying to

621

00:29:21,070 --> 00:29:18,050

understand a person's behavior they tend

622

00:29:24,730 --> 00:29:21,080

to overestimate internal variables and

623

00:29:27,370 --> 00:29:24,740

underestimate social influence variables

624

00:29:30,670 --> 00:29:27,380

so why did Steve get in the Moonies he

625

00:29:32,590 --> 00:29:30,680

was weak he was stupid he he was looking

626  
00:29:35,710 --> 00:29:32,600  
for a father figure he didn't have a

627  
00:29:38,410 --> 00:29:35,720  
good religious upbringing versus Steven

628  
00:29:40,240 --> 00:29:38,420  
wasn't educated about cults his

629  
00:29:43,150 --> 00:29:40,250  
girlfriend dumped him three women

630  
00:29:45,310 --> 00:29:43,160  
flirted with them and lied and and and

631  
00:29:49,060 --> 00:29:45,320  
put him through a systematic social

632  
00:29:53,110 --> 00:29:49,070  
influencer process that subverted his

633  
00:29:55,870 --> 00:29:53,120  
ability to think for himself the good

634  
00:29:58,420 --> 00:29:55,880  
news is that people don't like to be

635  
00:30:01,960 --> 00:29:58,430  
lied to they don't like to be abused and

636  
00:30:04,000 --> 00:30:01,970  
exploited and so over time especially if

637  
00:30:06,640 --> 00:30:04,010  
they're spending a lot of effort in a

638  
00:30:09,450 --> 00:30:06,650

destructive cult they burn out or they

639

00:30:12,550 --> 00:30:09,460

develop you know physical ailments

640

00:30:14,980 --> 00:30:12,560

psychosomatically orient that's in some

641

00:30:18,400 --> 00:30:14,990

cases even to just get the heck out of

642

00:30:21,790 --> 00:30:18,410

there I fell asleep at the wheel of a of

643

00:30:28,300 --> 00:30:21,800

a moonie van dude asleep exhaustion so

644

00:30:31,600 --> 00:30:28,310

that led to my my exit but you know I'm

645

00:30:33,880 --> 00:30:31,610

I all I know is that we're on one planet

646

00:30:37,390 --> 00:30:33,890

together and we have to it's a matter of

647

00:30:40,990 --> 00:30:37,400

survival to realize especially with this

648

00:30:44,920 --> 00:30:41,000

pandemic that our fate is tied to other

649

00:30:48,520 --> 00:30:44,930

people and if we know there are powerful

650

00:30:58,050 --> 00:30:48,530

forces wanting to create distrust to sow

651  
00:31:03,139 --> 00:31:01,540  
trudeau and and one of the things that's

652  
00:31:05,450 --> 00:31:03,149  
frustrated me so

653  
00:31:09,680 --> 00:31:05,460  
much when my book the cult of Trump came

654  
00:31:12,049 --> 00:31:09,690  
out is this this this blaming people who

655  
00:31:13,549 --> 00:31:12,059  
believed in Trump as they're stupid and

656  
00:31:16,190 --> 00:31:13,559  
they're weak and they're from bad

657  
00:31:18,229 --> 00:31:16,200  
families and all of that instead of

658  
00:31:21,019 --> 00:31:18,239  
understanding they've been influenced

659  
00:31:22,789 --> 00:31:21,029  
yeah yes talk about your book which I

660  
00:31:25,700 --> 00:31:22,799  
have copy that you sent me right here

661  
00:31:29,570 --> 00:31:25,710  
it's a very interesting book but in the

662  
00:31:34,310 --> 00:31:29,580  
obvious problem with the book is that it

663  
00:31:37,009 --> 00:31:34,320

is it's kind of accusing almost half the

664

00:31:40,310 --> 00:31:37,019

country of being in a cult which seems

665

00:31:41,479 --> 00:31:40,320

like a problematic way of addressing it

666

00:31:43,489 --> 00:31:41,489

I mean now I think obviously I agree

667

00:31:44,930 --> 00:31:43,499

with a lot of the stuff in the book and

668

00:31:46,430 --> 00:31:44,940

I'm certainly not the Trump supporter

669

00:31:48,739 --> 00:31:46,440

and I I think that you know a lot of the

670

00:31:50,509 --> 00:31:48,749

stuff you point out is correct and this

671

00:31:52,729 --> 00:31:50,519

is something that you discuss in the

672

00:31:54,979 --> 00:31:52,739

book yourself you say like it doesn't

673

00:31:55,849 --> 00:31:54,989

help to point out to someone that they

674

00:31:58,479 --> 00:31:55,859

are in a cult

675

00:32:01,070 --> 00:31:58,489

exactly yeah you've got this entire book

676

00:32:04,129 --> 00:32:01,080

explaining it is this is not a book for

677

00:32:07,419 --> 00:32:04,139

Trump supporters it is it's for

678

00:32:10,909 --> 00:32:07,429

everybody it really was a matter of

679

00:32:13,430 --> 00:32:10,919

conscience for me when I was approached

680

00:32:16,940 --> 00:32:13,440

by my agent to do this book by this

681

00:32:20,930 --> 00:32:16,950

title and Simon Shuster wanted to

682

00:32:23,479 --> 00:32:20,940

publish this book and as I said earlier

683

00:32:26,440 --> 00:32:23,489

in this interview my view of cult is on

684

00:32:30,379 --> 00:32:26,450

a continuum of ethical benign

685

00:32:32,989 --> 00:32:30,389

constructive to destructive and I say

686

00:32:36,879 --> 00:32:32,999

that in the introduction of the book as

687

00:32:39,889 --> 00:32:36,889

well but I it was an opportunity I felt

688

00:32:43,249 --> 00:32:39,899

that as much as I have not been a

689

00:32:45,499 --> 00:32:43,259

political person as a therapist who

690

00:32:49,070 --> 00:32:45,509

doesn't want to alienate Republican

691

00:32:52,099 --> 00:32:49,080

clients or or other people a matter of

692

00:32:55,489 --> 00:32:52,109

conscience that's the person who is in

693

00:32:57,070 --> 00:32:55,499

the most powerful office in the most in

694

00:33:00,440 --> 00:32:57,080

the most powerful country in the world

695

00:33:04,549 --> 00:33:00,450

that is the profile of a malignant

696

00:33:06,919 --> 00:33:04,559

narcissist and was deliberately using

697

00:33:11,839 --> 00:33:06,929

mind control techniques which I have a

698

00:33:16,009 --> 00:33:11,849

whole chapter on and I just felt like if

699

00:33:16,549 --> 00:33:16,019

if if this is what the Simon & Schuster

700

00:33:21,289 --> 00:33:16,559

in

701  
00:33:24,139 --> 00:33:21,299  
assists as a title should I do it should

702  
00:33:27,470 --> 00:33:24,149  
I not do it I couldn't come up with a

703  
00:33:30,200 --> 00:33:27,480  
better alternative title in terms of

704  
00:33:33,619 --> 00:33:30,210  
attempting to try to get to the biggest

705  
00:33:35,810 --> 00:33:33,629  
audience but what's interesting is since

706  
00:33:39,769 --> 00:33:35,820  
the book has come out the mainstream

707  
00:33:43,220 --> 00:33:39,779  
media has not had me on at all and so a

708  
00:33:46,340 --> 00:33:43,230  
lot of podcasts and smaller things but a

709  
00:33:48,529 --> 00:33:46,350  
lot of people including former members

710  
00:33:50,539 --> 00:33:48,539  
of the Trump administration are calling

711  
00:33:53,810 --> 00:33:50,549  
it a cult you know called the

712  
00:33:58,369 --> 00:33:53,820  
personality etc so the term is being

713  
00:34:01,549 --> 00:33:58,379

used you know all the time by everyone

714

00:34:04,220 --> 00:34:01,559

of course the Trump believers you know

715

00:34:08,270 --> 00:34:04,230

write to me and say I'm in the cult of

716

00:34:12,079 --> 00:34:08,280

Soros and I'm a lift hard and I'm been

717

00:34:14,930 --> 00:34:12,089

brainwashed by the liberal media so but

718

00:34:17,000 --> 00:34:14,940

I'm like well let's talk you know if you

719

00:34:19,190 --> 00:34:17,010

know more about brainwashing than me

720

00:34:22,970 --> 00:34:19,200

please educate me how I've been

721

00:34:24,710 --> 00:34:22,980

brainwashed but that in invokes them

722

00:34:28,339 --> 00:34:24,720

needing to learn more about brainwashing

723

00:34:32,720 --> 00:34:28,349

and and the basis and the models that I

724

00:34:36,530 --> 00:34:32,730

use now it's a relatively new book yeah

725

00:34:42,619 --> 00:34:36,540

have you got feedback from people that

726

00:34:46,040 --> 00:34:42,629

it has helped I have not heard from more

727

00:34:49,220 --> 00:34:46,050

than a handful of people who were magus

728

00:34:52,730 --> 00:34:49,230

you know trolls and supporters who said

729

00:34:55,639 --> 00:34:52,740

wow your book woke me up I've had more

730

00:34:59,450 --> 00:34:55,649

contact people reading combating because

731

00:35:04,609 --> 00:34:59,460

I don't talk about Trump in it

732

00:35:06,260 --> 00:35:04,619

maybe I in the new introduction 2018 but

733

00:35:11,270 --> 00:35:06,270

other than that there's nothing about

734

00:35:13,760 --> 00:35:11,280

Trump in it and the mistake that a lot

735

00:35:16,579 --> 00:35:13,770

of family members have made is just

736

00:35:19,400 --> 00:35:16,589

buying the cult of Trump and mailing it

737

00:35:20,809 --> 00:35:19,410

to some one hand this is going to only

738

00:35:25,460 --> 00:35:20,819

be incendiary

739

00:35:26,230 --> 00:35:25,470

versus hey this book came out I was

740

00:35:29,750 --> 00:35:26,240

curious

741

00:35:32,780 --> 00:35:29,760

would you consider reading it and talk

742

00:35:36,080 --> 00:35:32,790

with me about it that would be a more

743

00:35:40,640 --> 00:35:36,090

likely scenario that would get good

744

00:35:44,599 --> 00:35:40,650

better results but you as you have said

745

00:35:46,910 --> 00:35:44,609

you know I'll read one of your books you

746

00:35:51,080 --> 00:35:46,920

read one of my books but let's agree to

747

00:35:53,150 --> 00:35:51,090

spend the time to talk about you know on

748

00:35:55,910 --> 00:35:53,160

the information in each of these books

749

00:35:58,130 --> 00:35:55,920

yeah polite disagreement I think is kind

750

00:36:02,750 --> 00:35:58,140

of a great a great basis for moving

751  
00:36:08,930 --> 00:36:02,760  
forward you got this Matta B's and not

752  
00:36:10,790 --> 00:36:08,940  
cop Eames and you know what what is will

753  
00:36:14,450 --> 00:36:10,800  
be you know the truth will out

754  
00:36:17,150 --> 00:36:14,460  
eventually yeah obviously

755  
00:36:19,910 --> 00:36:17,160  
you realize and you've seen the reaction

756  
00:36:21,440 --> 00:36:19,920  
that diehard Trump supporters would have

757  
00:36:23,570 --> 00:36:21,450  
to a book like this but they were just

758  
00:36:27,020 --> 00:36:23,580  
beautiful i q-- say you're part of the

759  
00:36:29,630 --> 00:36:27,030  
george george soros crowd it's very

760  
00:36:35,180 --> 00:36:29,640  
difficult to get over that and you know

761  
00:36:37,099 --> 00:36:35,190  
i think my book is also not something

762  
00:36:38,990 --> 00:36:37,109  
that i would just say like give to your

763  
00:36:41,450 --> 00:36:39,000

conspiracy theorist friends to read

764

00:36:44,540 --> 00:36:41,460

because it's a guide for you to help

765

00:36:46,250 --> 00:36:44,550

them not so much for them to help

766

00:36:48,440 --> 00:36:46,260

themselves although of course if they're

767

00:36:49,970 --> 00:36:48,450

if they're actually open to that then

768

00:36:52,970 --> 00:36:49,980

you know it's something that would be

769

00:36:55,130 --> 00:36:52,980

usable yep I'm really glad you reached

770

00:36:56,030 --> 00:36:55,140

out to me cuz honestly I had not heard

771

00:36:58,970 --> 00:36:56,040

of you before

772

00:37:01,430 --> 00:36:58,980

and I really love the work that you're

773

00:37:05,440 --> 00:37:01,440

doing the conspiracy theories and meta

774

00:37:09,080 --> 00:37:05,450

bank.com so I intend to you know develop

775

00:37:12,650 --> 00:37:09,090

the connection and and figure out ways

776

00:37:15,500 --> 00:37:12,660

of how to help people to to reality test

777

00:37:18,320 --> 00:37:15,510

and what I especially liked in your book

778

00:37:21,620 --> 00:37:18,330

is just saying that it's going to take

779

00:37:25,010 --> 00:37:21,630

time I don't expect a knockout punch in

780

00:37:26,810 --> 00:37:25,020

one conversation you know it just it

781

00:37:29,450 --> 00:37:26,820

doesn't work that way especially when

782

00:37:31,790 --> 00:37:29,460

people are in an information silo where

783

00:37:34,490 --> 00:37:31,800

they're constantly getting reinforcement

784

00:37:37,000 --> 00:37:34,500

of the cultic beliefs the black and

785

00:37:39,710 --> 00:37:37,010

white all or nothing good versus evil

786

00:37:42,190 --> 00:37:39,720

mentality it's going to take a lot of

787

00:37:43,259 --> 00:37:42,200

people to interact with that person

788

00:37:45,779 --> 00:37:43,269

asking

789

00:37:49,559 --> 00:37:45,789

questions in a respectful way help me

790

00:37:51,779 --> 00:37:49,569

understand it and and that's why over

791

00:37:54,659 --> 00:37:51,789

the decades I've evolved this approach

792

00:37:58,319 --> 00:37:54,669

where I work with family members friends

793

00:38:01,109 --> 00:37:58,329

ex members build a network who care

794

00:38:05,039 --> 00:38:01,119

about the person so that it's all not

795

00:38:07,380 --> 00:38:05,049

just one person interacting with the

796

00:38:09,809 --> 00:38:07,390

cult member yeah and you know that

797

00:38:11,549 --> 00:38:09,819

giving time thing is why I when I asked

798

00:38:13,380 --> 00:38:11,559

you how do you got much feedback about

799

00:38:14,759 --> 00:38:13,390

the book from people who who had just

800

00:38:16,559 --> 00:38:14,769

helped I didn't really expect he would

801  
00:38:18,809 --> 00:38:16,569  
have had very much because I I know that

802  
00:38:20,399 --> 00:38:18,819  
it does take time and you don't suddenly

803  
00:38:21,809 --> 00:38:20,409  
just you know have someone read a book

804  
00:38:23,489 --> 00:38:21,819  
or even have the family read a book and

805  
00:38:26,339 --> 00:38:23,499  
have them flip flop it's almost like

806  
00:38:28,649 --> 00:38:26,349  
you're you're just you're improving

807  
00:38:30,959 --> 00:38:28,659  
things about an overall level rather

808  
00:38:32,519 --> 00:38:30,969  
than just zipping in there changing

809  
00:38:34,949 --> 00:38:32,529  
someone's mind and zipping out again

810  
00:38:38,459 --> 00:38:34,959  
it's it's part of I think of a bigger

811  
00:38:40,079 --> 00:38:38,469  
picture you know a we're having people

812  
00:38:42,089 --> 00:38:40,089  
look at these issues as being aware of

813  
00:38:44,489 --> 00:38:42,099

these issues and figuring out how to

814

00:38:47,959 --> 00:38:44,499

deal with them and getting these these

815

00:38:50,879 --> 00:38:47,969

these avenues of communication going

816

00:38:52,829 --> 00:38:50,889

yeah and letting people know that

817

00:38:57,599 --> 00:38:52,839

there's someone they can go to or a

818

00:39:00,179 --> 00:38:57,609

website when they're ready to read to

819

00:39:02,039 --> 00:39:00,189

poke around yeah the information is out

820

00:39:03,509 --> 00:39:02,049

there a lot a lot of people are finding

821

00:39:06,719 --> 00:39:03,519

conspiracy theories they don't even

822

00:39:08,609 --> 00:39:06,729

realize that there is information from

823

00:39:11,249 --> 00:39:08,619

the other side which is good information

824

00:39:13,559 --> 00:39:11,259

and it's something of a revelation when

825

00:39:16,169 --> 00:39:13,569

they actually get this source you know

826

00:39:17,249 --> 00:39:16,179

something like former believers I know

827

00:39:20,189 --> 00:39:17,259

this is something you have cults that

828

00:39:22,139 --> 00:39:20,199

they have this information control is

829

00:39:23,999 --> 00:39:22,149

big part of your your bite model how you

830

00:39:27,479 --> 00:39:24,009

define cults big Poppa's information

831

00:39:29,399 --> 00:39:27,489

control they stop you from hearing about

832

00:39:31,649 --> 00:39:29,409

people that used to be in the cults and

833

00:39:36,239 --> 00:39:31,659

so it's important to get that across to

834

00:39:38,879 --> 00:39:36,249

people right and if you are so sure of

835

00:39:41,579 --> 00:39:38,889

your beliefs why wouldn't you talk to

836

00:39:44,999 --> 00:39:41,589

critics and former members and that is

837

00:39:47,519 --> 00:39:45,009

really what my father you know convinced

838

00:39:51,209 --> 00:39:47,529

me to do the deprogramming voluntarily

839

00:39:52,979 --> 00:39:51,219

he he he was like I just your mother and

840

00:39:54,839 --> 00:39:52,989

I just need to know you're not

841

00:39:57,220 --> 00:39:54,849

brainwashed and you're thinking for

842

00:39:59,650 --> 00:39:57,230

yourself and I said trust me I

843

00:40:02,680 --> 00:39:59,660

I know I'm not pretty I know that I'm

844

00:40:05,230 --> 00:40:02,690

not a Nicole and they said prove it just

845

00:40:08,109 --> 00:40:05,240

give us five days listen with an open

846

00:40:11,349 --> 00:40:08,119

mind to these and they were ex Muniz

847

00:40:13,420 --> 00:40:11,359

three of out of the four and if you want

848

00:40:16,030 --> 00:40:13,430

to go back at the end of five days we'll

849

00:40:19,390 --> 00:40:16,040

drive you there you know myself my

850

00:40:21,790 --> 00:40:19,400

father said this and at least he said we

851  
00:40:24,670 --> 00:40:21,800  
could sleep at night knowing we did the

852  
00:40:27,609 --> 00:40:24,680  
responsible thing yeah and and he

853  
00:40:29,980 --> 00:40:27,619  
touched my heart and it was like I

854  
00:40:32,349 --> 00:40:29,990  
wanted to prove to him I wasn't pretty

855  
00:40:35,670 --> 00:40:32,359  
washed and I wasn't under mind control

856  
00:40:39,069 --> 00:40:35,680  
and that was my mindset going into the

857  
00:40:43,030 --> 00:40:39,079  
into the deprogramming where the ex

858  
00:40:44,589 --> 00:40:43,040  
members weren't mean nasty you know all

859  
00:40:47,410 --> 00:40:44,599  
the things I had been programmed to

860  
00:40:50,770 --> 00:40:47,420  
expect of ex members and I learned about

861  
00:40:52,660 --> 00:40:50,780  
Chinese communist brainwashing and and

862  
00:40:55,359 --> 00:40:52,670  
in the moon cult when I was in it was

863  
00:40:58,510 --> 00:40:55,369

very anti-communist and so was Satan's

864

00:41:00,520 --> 00:40:58,520

army to take over the world for Satan so

865

00:41:01,920 --> 00:41:00,530

I was very interested and open to

866

00:41:04,450 --> 00:41:01,930

Chinese communist brainwashing

867

00:41:06,339 --> 00:41:04,460

techniques so when they went through

868

00:41:09,880 --> 00:41:06,349

Robert Lifton's thought reform in the

869

00:41:12,790 --> 00:41:09,890

psychology of totalism I was interested

870

00:41:15,910 --> 00:41:12,800

and then each one as we went through it

871

00:41:20,500 --> 00:41:15,920

by the time we did all eight I was

872

00:41:23,319 --> 00:41:20,510

thinking communism is Satan

873

00:41:26,589 --> 00:41:23,329

we're God but we'd do the same Aidan

874

00:41:29,770 --> 00:41:26,599

criteria I still wasn't able to make

875

00:41:32,980 --> 00:41:29,780

that next step in my minds but it was it

876

00:41:36,910 --> 00:41:32,990

started creating that dissonance this

877

00:41:40,059 --> 00:41:36,920

does not add up and the keys are under

878

00:41:42,099 --> 00:41:40,069

the key for you there wasn't so much so

879

00:41:43,480 --> 00:41:42,109

the the information it was that the fact

880

00:41:45,970 --> 00:41:43,490

that you got the information into your

881

00:41:48,400 --> 00:41:45,980

head which only happened because you had

882

00:41:49,599 --> 00:41:48,410

your family there who were able to

883

00:41:51,370 --> 00:41:49,609

persuade you to be a bit more

884

00:41:53,620 --> 00:41:51,380

open-minded and actually consider that

885

00:41:57,280 --> 00:41:53,630

information and I think like a real key

886

00:41:58,930 --> 00:41:57,290

that you talk about is having good

887

00:42:01,870 --> 00:41:58,940

relationships with people that you're

888

00:42:05,020 --> 00:42:01,880

trying to help and something that kind

889

00:42:07,660 --> 00:42:05,030

of I found a bit disturbing on social

890

00:42:10,340 --> 00:42:07,670

media is the trend of unfriending people

891

00:42:12,380 --> 00:42:10,350

who that you just say you disagree with

892

00:42:14,600 --> 00:42:12,390

someone post something that's pro-trump

893

00:42:16,250 --> 00:42:14,610

say people will say oh and another

894

00:42:18,470 --> 00:42:16,260

friend called from my friend list

895

00:42:20,120 --> 00:42:18,480

because they you know they have a photo

896

00:42:22,790 --> 00:42:20,130

of himself in a maggot or whatever

897

00:42:26,690 --> 00:42:22,800

whatever is yes no that that is the

898

00:42:29,390 --> 00:42:26,700

that's what cults want is for family

899

00:42:31,580 --> 00:42:29,400

members and friends to get angry and fed

900

00:42:34,700 --> 00:42:31,590

up and cut off contact because that

901  
00:42:37,790 --> 00:42:34,710  
leaves the person completely under their

902  
00:42:40,430 --> 00:42:37,800  
influence and control and that's why

903  
00:42:42,710 --> 00:42:40,440  
again another point where I agree with

904  
00:42:44,840 --> 00:42:42,720  
with your approach is just saying look

905  
00:42:47,540 --> 00:42:44,850  
we know I'm your brother or I'm your

906  
00:42:50,630 --> 00:42:47,550  
best friend from childhood I'm gonna

907  
00:42:53,180 --> 00:42:50,640  
always be your friend and and we may

908  
00:42:55,430 --> 00:42:53,190  
disagree right now but the important

909  
00:42:57,710 --> 00:42:55,440  
thing is that I value you and we've had

910  
00:42:59,870 --> 00:42:57,720  
all these incredible life experiences

911  
00:43:02,840 --> 00:42:59,880  
together okay and if it's a family

912  
00:43:06,500 --> 00:43:02,850  
member I love you and no matter what I

913  
00:43:08,420 --> 00:43:06,510

love you and let's stay in touch ya know

914

00:43:10,700 --> 00:43:08,430

people do even because our family

915

00:43:13,730 --> 00:43:10,710

members but so they also cut off people

916

00:43:15,650 --> 00:43:13,740

who are just like friends or even just

917

00:43:17,930 --> 00:43:15,660

like casual acquaintances that they know

918

00:43:19,190 --> 00:43:17,940

and they call a friend list and I think

919

00:43:20,630 --> 00:43:19,200

for some people it's kind of a

920

00:43:22,910 --> 00:43:20,640

self-preservation thing because they

921

00:43:26,060 --> 00:43:22,920

just get so upset with all of this and

922

00:43:29,510 --> 00:43:26,070

what this is so am i coming back to

923

00:43:32,660 --> 00:43:29,520

again am i approach in your approach the

924

00:43:36,020 --> 00:43:32,670

you can that say you know what let's put

925

00:43:38,810 --> 00:43:36,030

our disagreements on a shelf and let's

926  
00:43:42,490 --> 00:43:38,820  
just like talk about things we both

927  
00:43:46,190 --> 00:43:42,500  
agree on if you're dog lover a cat lover

928  
00:43:49,160 --> 00:43:46,200  
sports fan or something else let's let's

929  
00:43:52,640 --> 00:43:49,170  
leave the controversial stuff and let's

930  
00:43:56,090 --> 00:43:52,650  
just be in each other's lives and is an

931  
00:43:59,780 --> 00:43:56,100  
intermediary step and you you described

932  
00:44:02,930 --> 00:43:59,790  
as having regular positive contact in in

933  
00:44:04,520 --> 00:44:02,940  
in you know in the cult of Trump which

934  
00:44:06,110 --> 00:44:04,530  
you know just have the chapter nine is

935  
00:44:08,120 --> 00:44:06,120  
very kind of practical chapter when you

936  
00:44:11,180 --> 00:44:08,130  
go through the various stages where

937  
00:44:12,800 --> 00:44:11,190  
people can help other people and you're

938  
00:44:16,640 --> 00:44:12,810

talking about having good relationships

939

00:44:19,790 --> 00:44:16,650

and building rapport and Trust which is

940

00:44:21,290 --> 00:44:19,800

a very important thing anyways it's an

941

00:44:23,730 --> 00:44:21,300

interesting thing they're like you'd

942

00:44:26,940 --> 00:44:23,740

you're trying to build rapport and Trust

943

00:44:28,560 --> 00:44:26,950

but in a way that becomes suspicious to

944

00:44:32,040 --> 00:44:28,570

people because they think you're trying

945

00:44:35,030 --> 00:44:32,050

to use psychology against them how do

946

00:44:37,440 --> 00:44:35,040

you how do you maintain a genuine

947

00:44:39,090 --> 00:44:37,450

rapport and Trust with people and stop

948

00:44:44,340 --> 00:44:39,100

them being suspicious of your your

949

00:44:46,740 --> 00:44:44,350

overtures towards them I think you need

950

00:44:48,720 --> 00:44:46,750

to be honest with yourself and I think

951  
00:44:52,500 --> 00:44:48,730  
you need to be honest with the other

952  
00:44:54,990 --> 00:44:52,510  
person and if they call me on I think

953  
00:44:57,030 --> 00:44:55,000  
you're just doing this as a method and

954  
00:45:01,710 --> 00:44:57,040  
you don't really care about me or

955  
00:45:06,000 --> 00:45:01,720  
whatever if I don't really care what am

956  
00:45:09,480 --> 00:45:06,010  
I doing this for yeah and and unlike you

957  
00:45:12,570 --> 00:45:09,490  
I in your story you you made your money

958  
00:45:15,270 --> 00:45:12,580  
and you're doing this as a good deed you

959  
00:45:17,700 --> 00:45:15,280  
call it a hobby but it's really in my

960  
00:45:20,760 --> 00:45:17,710  
mind the service of the planet to help

961  
00:45:24,810 --> 00:45:20,770  
other people in my case I do make a

962  
00:45:29,180 --> 00:45:24,820  
living being hired by people but I'd say

963  
00:45:32,280 --> 00:45:29,190

80% of my work week is pro bono and

964

00:45:34,350 --> 00:45:32,290

stuff to help people who can't afford it

965

00:45:39,570 --> 00:45:34,360

or putting out information to try to

966

00:45:41,880 --> 00:45:39,580

help others but the bottom line is not

967

00:45:45,540 --> 00:45:41,890

lying because then you're doing what the

968

00:45:48,240 --> 00:45:45,550

cult is doing and probably the most

969

00:45:49,950 --> 00:45:48,250

honest thing I might say to someone if

970

00:45:53,160 --> 00:45:49,960

they're calling me on that particular

971

00:45:56,640 --> 00:45:53,170

point is you know there's two parts of

972

00:46:00,450 --> 00:45:56,650

me part of me is genuinely wanting to

973

00:46:03,860 --> 00:46:00,460

care about you know you share with you

974

00:46:07,500 --> 00:46:03,870

and and and assist and part of me is

975

00:46:11,910 --> 00:46:07,510

wanting to understand more about this

976  
00:46:13,980 --> 00:46:11,920  
group and and I do you know I am worried

977  
00:46:16,800 --> 00:46:13,990  
about you and I do feel like this

978  
00:46:20,300 --> 00:46:16,810  
there's a detrimental side to this that

979  
00:46:22,650 --> 00:46:20,310  
you're not considering yeah yeah

980  
00:46:24,750 --> 00:46:22,660  
something something else you mentioned

981  
00:46:27,390 --> 00:46:24,760  
in that chapter is quite a large section

982  
00:46:28,770 --> 00:46:27,400  
on helping them undo their phobias and

983  
00:46:32,790 --> 00:46:28,780  
this is something you mentioned earlier

984  
00:46:36,210 --> 00:46:32,800  
like the cults will instill phobias and

985  
00:46:37,050 --> 00:46:36,220  
fears within people and you know with

986  
00:46:39,390 --> 00:46:37,060  
with Trump

987  
00:46:42,960 --> 00:46:39,400  
you have like fear of a unchecked

988  
00:46:45,560 --> 00:46:42,970

immigration and things like that or fear

989

00:46:48,330 --> 00:46:45,570

of the Democrats taking away your guns

990

00:46:49,530 --> 00:46:48,340

it's something with conspiracy theories

991

00:46:52,860 --> 00:46:49,540

I hadn't really thought about that much

992

00:46:54,120 --> 00:46:52,870

for them I something I think about with

993

00:46:58,830 --> 00:46:54,130

some of the conspiracy theories there's

994

00:47:00,990 --> 00:46:58,840

a book called purity in danger by Mary

995

00:47:04,400 --> 00:47:01,000

Douglas she's kind of a classic kind of

996

00:47:07,260 --> 00:47:04,410

anthropology book and it's talking about

997

00:47:10,200 --> 00:47:07,270

how there's a subconscious fear of

998

00:47:12,240 --> 00:47:10,210

disease and being infected by things

999

00:47:13,650 --> 00:47:12,250

that can have underlies a lot of

1000

00:47:15,300 --> 00:47:13,660

people's thoughts they want to be clear

1001  
00:47:17,820 --> 00:47:15,310  
there's these ritual hand-washing and

1002  
00:47:19,830 --> 00:47:17,830  
things mmm do you think that sounds like

1003  
00:47:23,100 --> 00:47:19,840  
something that we learned in childhood

1004  
00:47:26,670 --> 00:47:23,110  
Mick yeah from parents of washing our

1005  
00:47:31,440 --> 00:47:26,680  
hands before we eat but in you know the

1006  
00:47:34,290 --> 00:47:31,450  
fear is a major protector of how humans

1007  
00:47:36,680 --> 00:47:34,300  
evolved to be so successful as a species

1008  
00:47:39,960 --> 00:47:36,690  
because if something is truly dangerous

1009  
00:47:41,940 --> 00:47:39,970  
we want to avoid it but where are we

1010  
00:47:44,250 --> 00:47:41,950  
talking about phobias we're talking

1011  
00:47:46,740 --> 00:47:44,260  
about things that are our brain is

1012  
00:47:50,280 --> 00:47:46,750  
reacting as if there's danger when

1013  
00:47:53,400 --> 00:47:50,290

there's fact no danger and the only way

1014

00:47:57,630 --> 00:47:53,410

to evaluate is using our analytic

1015

00:48:00,450 --> 00:47:57,640

critical mind you know so for example if

1016

00:48:03,420 --> 00:48:00,460

a person has a phobia of dogs and they

1017

00:48:06,420 --> 00:48:03,430

are shown a book with pictures of dogs

1018

00:48:09,210 --> 00:48:06,430

and their heart starts racing and

1019

00:48:14,190 --> 00:48:09,220

they're start you know having an anxiety

1020

00:48:17,010 --> 00:48:14,200

attack I say you know there's no danger

1021

00:48:20,430 --> 00:48:17,020

in looking at a picture of a dog let's

1022

00:48:24,270 --> 00:48:20,440

learn techniques for how to get rid of

1023

00:48:26,730 --> 00:48:24,280

that trigger that Association and use

1024

00:48:29,550 --> 00:48:26,740

your critical thinking to know the

1025

00:48:32,370 --> 00:48:29,560

difference between a rabid dog you know

1026

00:48:35,280 --> 00:48:32,380

it's a Doberman Pinscher you know or a

1027

00:48:39,480 --> 00:48:35,290

pitbull versus a little puppy versus a

1028

00:48:42,020 --> 00:48:39,490

picture yeah I found a three step phobia

1029

00:48:45,060 --> 00:48:42,030

intervention in my book freedom of mind

1030

00:48:47,760 --> 00:48:45,070

because once you understand the

1031

00:48:49,180 --> 00:48:47,770

difference between a legitimate fear and

1032

00:48:53,260 --> 00:48:49,190

a phobia and out of

1033

00:48:55,630 --> 00:48:53,270

six array normal phobia the next step is

1034

00:48:58,420 --> 00:48:55,640

teaching people about how other groups

1035

00:49:01,270 --> 00:48:58,430

put phobias in people's minds to control

1036

00:49:05,349 --> 00:49:01,280

them and getting them to agree yup

1037

00:49:08,079 --> 00:49:05,359

that's really obviously bad you know

1038

00:49:11,800 --> 00:49:08,089

that that's a bad use of phobias and

1039

00:49:14,740 --> 00:49:11,810

then the question of if you decide you

1040

00:49:16,809 --> 00:49:14,750

want to exit your group or your belief

1041

00:49:21,160 --> 00:49:16,819

system what do you think is going to

1042

00:49:24,520 --> 00:49:21,170

happen and waiting and and being quiet

1043

00:49:27,550 --> 00:49:24,530

while the person thinks about it they

1044

00:49:29,559 --> 00:49:27,560

you know if they are in a program state

1045

00:49:32,589 --> 00:49:29,569

of mind they're only be gonna be able to

1046

00:49:35,589 --> 00:49:32,599

generate negative scenarios of being

1047

00:49:38,859 --> 00:49:35,599

taken over by evil people or being in

1048

00:49:42,010 --> 00:49:38,869

hell or evil spirits invading them or

1049

00:49:45,520 --> 00:49:42,020

aliens you know taking over the earth or

1050

00:49:48,670 --> 00:49:45,530

whatever and teaching them how to how to

1051  
00:49:50,260 --> 00:49:48,680  
meet ex-members who've left and they're

1052  
00:49:52,750 --> 00:49:50,270  
don't have these anymore

1053  
00:49:54,599 --> 00:49:52,760  
and it's interesting like that brings to

1054  
00:49:58,150 --> 00:49:54,609  
mind kind of we're talking about

1055  
00:50:01,000 --> 00:49:58,160  
symmetries in perceptions here with with

1056  
00:50:03,819 --> 00:50:01,010  
that there's this kind of a thing from

1057  
00:50:06,099 --> 00:50:03,829  
the Trump supporter side where they they

1058  
00:50:07,870 --> 00:50:06,109  
say that you know you're you're a

1059  
00:50:11,859 --> 00:50:07,880  
brainwashed Democrat or whatever and

1060  
00:50:12,880 --> 00:50:11,869  
then they have a movement which is you

1061  
00:50:17,020 --> 00:50:12,890  
know kind of thing might be a bit of an

1062  
00:50:19,720 --> 00:50:17,030  
astroturf movement which is the Camrys

1063  
00:50:21,520 --> 00:50:19,730

call now it's like the leaving or

1064

00:50:23,890 --> 00:50:21,530

stepping away or something about it's a

1065

00:50:27,609 --> 00:50:23,900

movement where people move away from the

1066

00:50:31,000 --> 00:50:27,619

Democratic Party and they because they

1067

00:50:33,970 --> 00:50:31,010

think the Democrats are you have become

1068

00:50:36,250 --> 00:50:33,980

corrupt over time and this is something

1069

00:50:38,710 --> 00:50:36,260

that's promoted by both parties are

1070

00:50:41,440 --> 00:50:38,720

corrupt yes

1071

00:50:43,540 --> 00:50:41,450

I wrote in the cult of Trump about a

1072

00:50:46,059 --> 00:50:43,550

cult called the family that's been

1073

00:50:48,010 --> 00:50:46,069

operating in Washington for 18 years

1074

00:50:50,589 --> 00:50:48,020

they do the National Prayer Breakfast

1075

00:50:53,620 --> 00:50:50,599

and they have Democrats and Republicans

1076  
00:50:56,470 --> 00:50:53,630  
and atheists and libertarians in the

1077  
00:50:59,140 --> 00:50:56,480  
family and the rank of people watch the

1078  
00:51:00,790 --> 00:50:59,150  
Netflix series the family if I wasn't I

1079  
00:51:02,680 --> 00:51:00,800  
watched it it's very interesting it's

1080  
00:51:05,260 --> 00:51:02,690  
kind of an eye opener as well that the

1081  
00:51:08,020 --> 00:51:05,270  
of influencers less religious groups and

1082  
00:51:10,540 --> 00:51:08,030  
this this just the prayer breakfast has

1083  
00:51:12,640 --> 00:51:10,550  
on Washington is quite quite astonishing

1084  
00:51:18,580 --> 00:51:12,650  
really yeah

1085  
00:51:22,810 --> 00:51:18,590  
so I really want to blow the smoke away

1086  
00:51:25,180 --> 00:51:22,820  
from the idea that's been promulgated

1087  
00:51:28,120 --> 00:51:25,190  
there's no such thing as mind control or

1088  
00:51:30,010 --> 00:51:28,130

everything is mind control right and I

1089

00:51:32,010 --> 00:51:30,020

want people to understand there's

1090

00:51:34,720 --> 00:51:32,020

ethical influence and unethical

1091

00:51:36,910 --> 00:51:34,730

influence and that ultimately if you're

1092

00:51:39,460 --> 00:51:36,920

an adult you should be in control of

1093

00:51:43,060 --> 00:51:39,470

your own mind your own thoughts your own

1094

00:51:45,010 --> 00:51:43,070

choices and you need information to make

1095

00:51:48,010 --> 00:51:45,020

good decisions and if you're only

1096

00:51:51,430 --> 00:51:48,020

getting information from one new source

1097

00:51:54,370 --> 00:51:51,440

one Facebook page or a collection where

1098

00:51:56,770 --> 00:51:54,380

they're all mirroring the same beliefs

1099

00:52:00,250 --> 00:51:56,780

and those beliefs are black and white

1100

00:52:02,830 --> 00:52:00,260

all or nothing good versus evil and put

1101  
00:52:06,040 --> 00:52:02,840  
down everyone else scoops just knocked

1102  
00:52:07,780 --> 00:52:06,050  
over tripod and and demonizes everyone

1103  
00:52:10,930 --> 00:52:07,790  
else that doesn't believe what they

1104  
00:52:17,730 --> 00:52:13,420  
you know anybody of any group you

1105  
00:52:20,560 --> 00:52:17,740  
because reality is more complex and

1106  
00:52:23,920 --> 00:52:20,570  
there and we don't know everything and

1107  
00:52:26,020 --> 00:52:23,930  
we should have humility and say look if

1108  
00:52:29,050 --> 00:52:26,030  
something's legitimate I'll stand up to

1109  
00:52:31,810 --> 00:52:29,060  
scrutiny let's see your facts show you

1110  
00:52:33,880 --> 00:52:31,820  
my facts yeah now is that they saw a

1111  
00:52:36,460 --> 00:52:33,890  
dialogue that's going to be the thing

1112  
00:52:37,990 --> 00:52:36,470  
that's the key we're coming up on an

1113  
00:52:39,820 --> 00:52:38,000

hour I just wanted to like I asked I

1114

00:52:41,860 --> 00:52:39,830

often ask on Twitter like when I've got

1115

00:52:43,330 --> 00:52:41,870

an interesting guest on like what what

1116

00:52:44,560 --> 00:52:43,340

should I ask this guest and I find these

1117

00:52:46,900 --> 00:52:44,570

questions kind of interesting because

1118

00:52:49,360 --> 00:52:46,910

they tell you something about about the

1119

00:52:50,830 --> 00:52:49,370

audience and you know maybe we can to go

1120

00:52:54,330 --> 00:52:50,840

for a couple of them if you if you

1121

00:52:57,030 --> 00:52:54,340

shared a couple of minutes one of the

1122

00:52:59,860 --> 00:52:57,040

questions I found very interesting was

1123

00:53:02,650 --> 00:52:59,870

it's taking a hard stance towards such

1124

00:53:04,270 --> 00:53:02,660

such cases in your family by showing

1125

00:53:07,060 --> 00:53:04,280

them your deep disappointment and

1126  
00:53:09,400 --> 00:53:07,070  
disapproval a viable option or does it

1127  
00:53:11,920 --> 00:53:09,410  
just lead to alienation do we sometimes

1128  
00:53:15,720 --> 00:53:11,930  
have to shut the door in discussions to

1129  
00:53:22,570 --> 00:53:19,470  
every every case is different and

1130  
00:53:24,910 --> 00:53:22,580  
usually when people get to me they've

1131  
00:53:29,440 --> 00:53:24,920  
already made all the classic mistakes

1132  
00:53:31,690 --> 00:53:29,450  
for months or years of yelling screaming

1133  
00:53:35,920 --> 00:53:31,700  
trying to argue the person out of the

1134  
00:53:40,750 --> 00:53:35,930  
belief system and such so again I I

1135  
00:53:41,800 --> 00:53:40,760  
recommend a like let's start over I care

1136  
00:53:45,640 --> 00:53:41,810  
about you

1137  
00:53:48,340 --> 00:53:45,650  
you know let's remember let's go back to

1138  
00:53:52,870 --> 00:53:48,350

our childhood together or you know

1139

00:53:55,000 --> 00:53:52,880

positive of memories etc and your

1140

00:53:58,290 --> 00:53:55,010

important person to me and you're

1141

00:54:00,550 --> 00:53:58,300

intelligent and I respect you and

1142

00:54:04,210 --> 00:54:00,560

honestly some of the things you've

1143

00:54:06,760 --> 00:54:04,220

shared just doesn't sound like you and

1144

00:54:11,200 --> 00:54:06,770

it's not anything that I you know can

1145

00:54:13,870 --> 00:54:11,210

relate to but maybe you're right what

1146

00:54:16,210 --> 00:54:13,880

you were saying in here maybe there's

1147

00:54:19,660 --> 00:54:16,220

maybe I'm missing something or maybe I

1148

00:54:24,370 --> 00:54:19,670

have been brainwashed and such so let I

1149

00:54:27,790 --> 00:54:24,380

ain't but the point is is not lying

1150

00:54:30,490 --> 00:54:27,800

but being forthright and open and kind

1151

00:54:33,640 --> 00:54:30,500

of modeling for the person that it's

1152

00:54:35,350 --> 00:54:33,650

okay to question and and concede points

1153

00:54:36,940 --> 00:54:35,360

if they give if if they teach you

1154

00:54:40,630 --> 00:54:36,950

something new that you didn't know to

1155

00:54:43,060 --> 00:54:40,640

say huh I hadn't thought about that one

1156

00:54:45,880 --> 00:54:43,070

friend of mine who is like the New York

1157

00:54:48,070 --> 00:54:45,890

Times I'm canceling my subscription I

1158

00:54:49,930 --> 00:54:48,080

don't think it has anything to do and

1159

00:54:51,310 --> 00:54:49,940

I'm like well what do you read well I

1160

00:54:54,130 --> 00:54:51,320

watch I'm reading The Wall Street

1161

00:54:56,620 --> 00:54:54,140

Journal so I subscribe to The Wall

1162

00:54:58,630 --> 00:54:56,630

Street Journal you know I still read the

1163

00:55:00,700 --> 00:54:58,640

New York Times but I subscribe to The

1164

00:55:03,070 --> 00:55:00,710

Wall Street Journal and I will share

1165

00:55:04,930 --> 00:55:03,080

Wall Street Journal articles with my

1166

00:55:06,400 --> 00:55:04,940

friends let's just say what do you think

1167

00:55:09,280 --> 00:55:06,410

of this or what do you think of that

1168

00:55:11,200 --> 00:55:09,290

yeah yeah so I guess like you're you're

1169

00:55:14,770 --> 00:55:11,210

kind of a half a yes in a way because

1170

00:55:18,040 --> 00:55:14,780

you you do encourage kind of rebooting

1171

00:55:21,580 --> 00:55:18,050

the conversation but I think I would say

1172

00:55:23,350 --> 00:55:21,590

by shutting it down by by showing your

1173

00:55:25,030 --> 00:55:23,360

deeps appointment and disapproval isn't

1174

00:55:26,880 --> 00:55:25,040

really a viable way of doing it you can

1175

00:55:28,240 --> 00:55:26,890

do it more with love than with

1176

00:55:30,670 --> 00:55:28,250

disapproval

1177

00:55:33,100 --> 00:55:30,680

no and I I encourage family members and

1178

00:55:36,310 --> 00:55:33,110

friends to apologize if the person felt

1179

00:55:39,400 --> 00:55:36,320

insulted or put down by you by something

1180

00:55:42,160 --> 00:55:39,410

you said and another technique that I've

1181

00:55:45,630 --> 00:55:42,170

shared with my clients that I think you

1182

00:55:49,630 --> 00:55:45,640

know is is genuine is kind of a

1183

00:55:50,830 --> 00:55:49,640

bifurcated response like part of me you

1184

00:56:00,910 --> 00:55:50,840

know

1185

00:56:03,430 --> 00:56:00,920

come any moment

1186

00:56:05,620 --> 00:56:03,440

and Jesus is gonna you know come on the

1187

00:56:09,520 --> 00:56:05,630

clouds and part of me has real doubts

1188

00:56:12,400 --> 00:56:09,530

about that and isn't sure if if this is

1189

00:56:16,230 --> 00:56:12,410

actually rooted in the Bible and such so

1190

00:56:19,000 --> 00:56:16,240

you're doing you're doing a dual

1191

00:56:23,110 --> 00:56:19,010

communication both to the authentic self

1192

00:56:25,450 --> 00:56:23,120

and the cult self and you and you're not

1193

00:56:28,300 --> 00:56:25,460

dialing yourself out by trying to put

1194

00:56:30,640 --> 00:56:28,310

yourself I'm right you're wrong you know

1195

00:56:32,500 --> 00:56:30,650

or do anything like that but try to find

1196

00:56:34,120 --> 00:56:32,510

a common ground yeah you have a

1197

00:56:36,910 --> 00:56:34,130

discussion where you can actually reach

1198

00:56:40,000 --> 00:56:36,920

some kind of agreement another question

1199

00:56:43,510 --> 00:56:40,010

from from Twitter it's as an interesting

1200

00:56:45,970 --> 00:56:43,520

question is where does victimhood end

1201  
00:56:49,540 --> 00:56:45,980  
and personal responsibility begin in

1202  
00:56:51,790 --> 00:56:49,550  
terms of vulnerability to cults which is

1203  
00:56:55,360 --> 00:56:51,800  
kind of a loaded question in a way but

1204  
00:56:57,520 --> 00:56:55,370  
it's kind of interesting perspective

1205  
00:57:00,580 --> 00:56:57,530  
that people will think about personal

1206  
00:57:03,600 --> 00:57:00,590  
responsibility is your fault yeah a lot

1207  
00:57:06,100 --> 00:57:03,610  
of mind-control cults actually

1208  
00:57:08,830 --> 00:57:06,110  
indoctrinate their followers some of

1209  
00:57:12,010 --> 00:57:08,840  
them hypnotically that there's no such

1210  
00:57:12,640 --> 00:57:12,020  
thing as a victim and that if you were

1211  
00:57:15,330 --> 00:57:12,650  
raped

1212  
00:57:18,430 --> 00:57:15,340  
when you were five years old you

1213  
00:57:21,130 --> 00:57:18,440

actually created that experience for

1214

00:57:25,450 --> 00:57:21,140

yourself because your soul needed to

1215

00:57:27,970 --> 00:57:25,460

learn something valuable and so there

1216

00:57:33,430 --> 00:57:27,980

there's there's this programming against

1217

00:57:37,180 --> 00:57:33,440

the idea of a victim and so what I my

1218

00:57:41,170 --> 00:57:37,190

take is that people can be victimized

1219

00:57:41,740 --> 00:57:41,180

whether mugged or raped or some terrible

1220

00:57:44,320 --> 00:57:41,750

thing

1221

00:57:46,960 --> 00:57:44,330

happens to them but that's different

1222

00:57:50,860 --> 00:57:46,970

than like wearing it for the rest of

1223

00:57:52,810 --> 00:57:50,870

your life as an identity like that is

1224

00:57:54,610 --> 00:57:52,820

something I've been accused of like

1225

00:57:56,980 --> 00:57:54,620

Steve you're in the Moonies for two and

1226

00:57:58,030 --> 00:57:56,990

a half years why do you keep talking

1227

00:58:01,420 --> 00:57:58,040

about it

1228

00:58:04,780 --> 00:58:01,430

well other than in my work I don't think

1229

00:58:08,350 --> 00:58:04,790

about it yeah it's not it's not part of

1230

00:58:12,640 --> 00:58:08,360

who I am in 2020 I'm in a doctoral

1231

00:58:15,790 --> 00:58:12,650

program I'm teaching I'm consulting I'm

1232

00:58:18,910 --> 00:58:15,800

helping people but I used my personal

1233

00:58:21,580 --> 00:58:18,920

experience to say hey it happened to me

1234

00:58:23,830 --> 00:58:21,590

and I'm a good person from a solid home

1235

00:58:25,840 --> 00:58:23,840

I was an extra honor student

1236

00:58:29,200 --> 00:58:25,850

you know how they got me to throw out

1237

00:58:32,110 --> 00:58:29,210

all my poetry as a demonstration of my

1238

00:58:35,230 --> 00:58:32,120

faith I was prepared to die or kill on

1239

00:58:38,140 --> 00:58:35,240

command when I was in the cult and when

1240

00:58:40,630 --> 00:58:38,150

I woke up I was horrified that I helped

1241

00:58:44,820 --> 00:58:40,640

this cult recruit so many people in it

1242

00:58:48,880 --> 00:58:44,830

and I wanted to right the wrong yeah

1243

00:58:53,740 --> 00:58:48,890

yeah one last question from the Twitter

1244

00:58:55,720 --> 00:58:53,750

sphere is it's not so much a question

1245

00:58:57,640 --> 00:58:55,730

there's more of the commentary which is

1246

00:58:59,740 --> 00:58:57,650

ask him about the irony of being a

1247

00:59:01,990 --> 00:58:59,750

conspiracy theorist who evangelizes his

1248

00:59:03,730 --> 00:59:02,000

own constructed conspiracy theories with

1249

00:59:05,950 --> 00:59:03,740

the fervor of a recently converted

1250

00:59:07,480 --> 00:59:05,960

zealot and with the following of a cult

1251  
00:59:10,330 --> 00:59:07,490  
leader and I think they're talking about

1252  
00:59:13,210 --> 00:59:10,340  
you here so Steve some people have the

1253  
00:59:15,100 --> 00:59:13,220  
perspective of you of almost being a

1254  
00:59:21,100 --> 00:59:15,110  
cult leader how would you respond to

1255  
00:59:23,200 --> 00:59:21,110  
that when I left in 1976 and went on TV

1256  
00:59:26,260 --> 00:59:23,210  
for the first time saying that the

1257  
00:59:30,340 --> 00:59:26,270  
Moonies were a cult I was accused of

1258  
00:59:31,240 --> 00:59:30,350  
being in a the negative Messiah by moon

1259  
00:59:33,910 --> 00:59:31,250  
himself

1260  
00:59:37,750 --> 00:59:33,920  
I was mold laid for him and that I was

1261  
00:59:42,400 --> 00:59:37,760  
leading the cult of the anti cult so

1262  
00:59:45,580 --> 00:59:42,410  
this goes back many many years and you

1263  
00:59:49,840 --> 00:59:45,590

know again for me the model on the

1264

00:59:51,790 --> 00:59:49,850

influencer continuum is I may have but

1265

00:59:52,560 --> 00:59:51,800

the people who've been helped by my work

1266

00:59:57,660 --> 00:59:52,570

who

1267

01:00:00,420 --> 00:59:57,670

people but I in no way in telling them

1268

01:00:03,480 --> 01:00:00,430

in controlling them making using fear

1269

01:00:07,410 --> 01:00:03,490

and guilt and extracting money and

1270

01:00:12,810 --> 01:00:07,420

demanding time from them versus the

1271

01:00:15,420 --> 01:00:12,820

mission I want to I'm gonna be very

1272

01:00:18,600 --> 01:00:15,430

controversial now and I know it's the

1273

01:00:21,570 --> 01:00:18,610

end of our of our session drum roll but

1274

01:00:24,270 --> 01:00:21,580

one of my teachers for over 30 years is

1275

01:00:27,060 --> 01:00:24,280

a forensic psychologist he was one of

1276

01:00:30,390 --> 01:00:27,070

the lead experts for the victims of the

1277

01:00:33,660 --> 01:00:30,400

Catholic Church sex abuse okay and he

1278

01:00:39,620 --> 01:00:33,670

ends name is Daniel Brown and he worked

1279

01:00:43,380 --> 01:00:39,630

with sirhan sirhan over 12 years and and

1280

01:00:46,830 --> 01:00:43,390

so I've been hearing about this for 12

1281

01:00:49,950 --> 01:00:46,840

years from him and there's overwhelming

1282

01:00:53,270 --> 01:00:49,960

evidence that he didn't kill Robert

1283

01:00:55,950 --> 01:00:53,280

Kennedy like overwhelming factual

1284

01:00:58,830 --> 01:00:55,960

forensic evidence even the man who he

1285

01:01:01,530 --> 01:00:58,840

actually shot testified at CERN Ian's

1286

01:01:04,800 --> 01:01:01,540

Parole Board hearing he shot me but he

1287

01:01:09,900 --> 01:01:04,810

didn't kill RFK and the bullet came from

1288

01:01:13,140 --> 01:01:09,910

behind that killed RFK so was there a

1289

01:01:18,290 --> 01:01:13,150

conspiracy actually my mentor says he

1290

01:01:23,270 --> 01:01:18,300

was hypnotized and brainwashed MKULTRA

1291

01:01:26,040 --> 01:01:23,280

to be a distractor right for RF Kay's

1292

01:01:28,230 --> 01:01:26,050

assassination interesting and there's a

1293

01:01:31,860 --> 01:01:28,240

there's a documentary film that's on

1294

01:01:36,470 --> 01:01:31,870

YouTube where he does a long interview

1295

01:01:41,250 --> 01:01:36,480

about this so MKULTRA was real

1296

01:01:44,190 --> 01:01:41,260

the CIA has used groups like mine to do

1297

01:01:46,620 --> 01:01:44,200

their bidding in in in America and in

1298

01:01:49,350 --> 01:01:46,630

other places I actually fasted for

1299

01:01:53,100 --> 01:01:49,360

Richard Nixon during Watergate because

1300

01:01:57,030 --> 01:01:53,110

God wanted Nixon to be President as a

1301

01:01:59,760 --> 01:01:57,040

moonie and some young moon actually went

1302

01:02:04,560 --> 01:01:59,770

to meet Nixon after a family prayer

1303

01:02:06,270 --> 01:02:04,570

breakfast in 74 I believe it was so the

1304

01:02:11,910 --> 01:02:06,280

the the this is a

1305

01:02:14,670 --> 01:02:11,920

Spira see but we have facts or this so

1306

01:02:17,300 --> 01:02:14,680

the whole state thing it's not a black

1307

01:02:20,520 --> 01:02:17,310

and white all or nothing there are

1308

01:02:23,400 --> 01:02:20,530

people involved with the spy world that

1309

01:02:24,480 --> 01:02:23,410

are have done some very bad things and

1310

01:02:27,360 --> 01:02:24,490

they don't want to be held accountable

1311

01:02:31,020 --> 01:02:27,370

and they should be held accountable it's

1312

01:02:33,210 --> 01:02:31,030

fascinating stuff like yes it's where do

1313

01:02:35,190 --> 01:02:33,220

where does where does the truth which is

1314

01:02:37,620 --> 01:02:35,200

the truth beginning conspiracy theory so

1315

01:02:40,440 --> 01:02:37,630

it was a very kind of murky subject

1316

01:02:42,360 --> 01:02:40,450

because you don't have this is access to

1317

01:02:44,460 --> 01:02:42,370

easily by verify all information that

1318

01:02:47,280 --> 01:02:44,470

you're talking about something like that

1319

01:02:50,400 --> 01:02:47,290

a friend of yours told you and it's hard

1320

01:02:51,780 --> 01:02:50,410

for me to then go in and verify that and

1321

01:02:54,060 --> 01:02:51,790

you get the similar types of things in

1322

01:02:56,670 --> 01:02:54,070

other theories but there but I'm saying

1323

01:03:00,000 --> 01:02:56,680

Nick as you've done such an incredible

1324

01:03:02,790 --> 01:03:00,010

job with chemtrails and contrails like

1325

01:03:06,900 --> 01:03:02,800

there really is a lot of work that has

1326

01:03:09,810 --> 01:03:06,910

factual basis to this and but III

1327

01:03:12,900 --> 01:03:09,820

brought this up at the end just just for

1328

01:03:17,310 --> 01:03:12,910

any of your listeners to understand I'm

1329

01:03:20,250 --> 01:03:17,320

not like all or nothing or the Democrats

1330

01:03:25,230 --> 01:03:20,260

are perfect or you know the CIA is great

1331

01:03:27,870 --> 01:03:25,240

or whatever you know but my frame is we

1332

01:03:31,100 --> 01:03:27,880

know a lot about how to manipulate and

1333

01:03:34,040 --> 01:03:31,110

indoctrinate and program people into

1334

01:03:36,720 --> 01:03:34,050

mind-control cults and there's

1335

01:03:40,890 --> 01:03:36,730

methodology that has work to help people

1336

01:03:44,190 --> 01:03:40,900

wake up and exit them but it is going to

1337

01:03:47,820 --> 01:03:44,200

take a lot of you know consciousness

1338

01:03:52,500 --> 01:03:47,830

raising that this this this technology

1339

01:03:54,000 --> 01:03:52,510

exists this actually exists fascinating

1340

01:03:56,160 --> 01:03:54,010

stuff and I want to thank you very much

1341

01:03:57,630 --> 01:03:56,170

for for sharing all that with me and

1342

01:03:59,160 --> 01:03:57,640

being on the show and thank you for your

1343

01:04:02,780 --> 01:03:59,170

books thank you for sending me this book

1344

01:04:08,180 --> 01:04:02,790

the cult of Trump it's very interesting

1345

01:04:10,110 --> 01:04:08,190

you're the cult of Trump you know it's

1346

01:04:12,780 --> 01:04:10,120

it's obviously not something that's

1347

01:04:15,090 --> 01:04:12,790

going to appeal on its face to everybody

1348

01:04:17,340 --> 01:04:15,100

but it is really kind of a a book I

1349

01:04:20,370 --> 01:04:17,350

think that would be of interest to

1350

01:04:23,370 --> 01:04:20,380

anybody and even if even if you're

1351

01:04:25,499 --> 01:04:23,380

deeply on the other side it's is good to

1352

01:04:28,099 --> 01:04:25,509

know what the other side is actually

1353

01:04:31,609 --> 01:04:28,109

talking about so that you can honestly

1354

01:04:34,769 --> 01:04:31,619

refute their arguments rather than just

1355

01:04:36,920 --> 01:04:34,779

demonizing them so yeah it's a very

1356

01:04:38,700 --> 01:04:36,930

interesting book as your other books

1357

01:04:40,650 --> 01:04:38,710

especially like combating cult

1358

01:04:43,920 --> 01:04:40,660

mind-control classic which inspired my

1359

01:04:45,440 --> 01:04:43,930

my own work and where can people find

1360

01:04:49,410 --> 01:04:45,450

you on the Internet

1361

01:04:49,890 --> 01:04:49,420

freedom of mind calm is my website and

1362

01:04:53,999 --> 01:04:49,900

Twitter

1363

01:04:58,200 --> 01:04:54,009

I'm cult expert as on Instagram on cult

1364

01:05:00,029 --> 01:04:58,210

expert and I have a YouTube channel you

1365

01:05:03,660 --> 01:05:00,039

can look up freedom of Mind Resource

1366

01:05:06,089 --> 01:05:03,670

Center which is my company name I have I

1367

01:05:10,109 --> 01:05:06,099

don't know 200 free videos so that

1368

01:05:14,309 --> 01:05:10,119

people can look at okay any any closing

1369

01:05:16,440 --> 01:05:14,319

thoughts I'd like to talk more with you

1370

01:05:20,789 --> 01:05:16,450

actually if you're open to doing an

1371

01:05:27,210 --> 01:05:20,799

interview I'd like to talk about you

1372

01:05:29,789 --> 01:05:27,220

know kovat conspiracies and you know

1373

01:05:32,370 --> 01:05:29,799

just what what the future could look

1374

01:05:34,559 --> 01:05:32,380

like and yet it you know and how to

1375

01:05:37,289 --> 01:05:34,569

empower more people to reach out to

1376

01:05:40,079 --> 01:05:37,299

their friends and family that have gone

1377

01:05:42,359 --> 01:05:40,089

down the rabbit hole whether it's a just

1378

01:05:44,849 --> 01:05:42,369

a conspiracy theory or a full-fledged

1379

01:05:49,380 --> 01:05:44,859

cult organization that they were

1380

01:05:51,660 --> 01:05:49,390

recruited into online yeah so if you're

1381

01:05:55,650 --> 01:05:51,670

open to it maybe we can do another and

1382

01:05:57,480 --> 01:05:55,660

I'll write a blog and introduce my folks

1383

01:05:59,940 --> 01:05:57,490

know and I would love that I would be

1384

01:06:00,960 --> 01:05:59,950

great yeah it's so more more the merrier

1385

01:06:03,359 --> 01:06:00,970

the more the better

1386

01:06:05,309 --> 01:06:03,369

great all right thank you thank you

1387

01:06:07,140 --> 01:06:05,319

thank you very much have a great day

1388

01:06:09,400 --> 01:06:07,150

when you're gonna use it right